



UPViews

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ICFAS 2018 highlights resilient and sustainable management in fisheries and aquaculture industries

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UPV-CFOS dominates 2018 October fisheries technologists board exam

A BS Fisheries graduate of the College of Fisheries and Ocean Sciences (CFOS), UP Visayas led the passers of the October 2018 Fisheries Technologists Licensure Examination.

Liza Mina Lorraine D. Iwag aced the Board Exam with a rating of 86.75%. Iwag graduated cum laude in June 2018.

Ten more successful examinees from UPV-CFOS made it to the top 10 highest places. They are Lhumen

A. Tejano, Fourth Place (84.50); Edcel R. Sudaria and Valerie Lorraine M. Tan, who tied in the Sixth Place (84.00%); Ruperto P. Olivares, Seventh Place (83.75%); Mery Rose A. Baroquillo and Kyle Iris C. Touzo, Ninth Place (83.25%); and Jenelyn A. Bretaña, LC May C. Gasit, Denise V. Miranda, and John Ray N. Moleño who shared in the Tenth Place (83.00%).

UPV-CFOS registered an average of 97.30% passing rate in

the Board Examination conducted by the Professional Regulations Commission (PRC), making UPV the only top performing school in the said Board Examination. Seventy-two out of 74 examinees of the College passed the Licensure Examination.

The national passing rate, according to PRC, is recorded at 28.31% with 502 passers out of 1,773 takers.

PRC conducted the

Fisheries Technologist Licensure Examination in the cities of Manila, Baguio, Cagayan de Oro, Cebu, Davao, Iloilo, Legaspi, Lucena, Tacloban, Tuguegarao and Zamboanga on October 24 and 25, 2018.

The mass Oathtaking Ceremony for the new Fisheries Technologists was on November 27, 2018 at the Century Park Hotel, Manila. (*Lenilyn B. Gallos*)



College of Management named Champion in the 20th Inter-Collegiate Finance Competition

THE UPV CM team once again bagged the top prize in the Western Visayas leg of the 20th Inter-Collegiate Finance Competition (ICFC). The Western Visayas elimination was held at the University of St. La Salle, Bacolod City, and was participated in by seven other schools in the Region. The nationwide eliminations were simultaneously held on October 26, 2018 in various sites around the country.

Team UPV is composed of Leanne Aila Monserate, Anne Palacio, and Anna Marie Revisado—all of whom are 5th year BS in Accountancy students at the College of Management, UP Visayas, Iloilo City campus. Prof. Arthur Barrido, Dean of the

College of Management, was the coach of the team.

UPV CM placed 8th in the nationwide ranking with over 60 participating schools. The team is set to compete against 19 other schools in the national finals on November 23 at the Bangko Sentral ng Pilipinas in Manila.

Now on its 20th year, the annual ICFC is hailed by many business schools as the toughest and most prestigious finance quiz bowl in the country, covering questions in corporate finance, investments, portfolio management, financial reporting, economics, and ethics.

The ICFC is a project of the Junior Financial Executives Institute of the Philippines (FINEX), in partnership with

JPMorgan Chase and Co., a leading global financial services firm and one of the largest banking institutions in the United States.

The main objective of the ICFC is to expose business students to world-class finance education standards. The questions asked in the competition were patterned after the Chartered Financial

Analyst (CFA) Level 1 Examination.

Through the participation of the best business schools in the country, the ICFC aims to promote networking and friendship, and exchange of ideas and cooperation among participants. (With sources from FINEX, JPMorgan Chase and Co., and Prof. Arthur Barrido) (*Kim Rommel Panaguiton*)



UPVTC clinches championship medals at the 21st NFJPIA National Midyear Convention

THE 21st National Mid-Year Convention (NMYC), spearheaded by the National Federation - Junior Philippine Institute of Accountants (NFJPIA) and SGV and Co., in partnership with Reyes Tacandong and Co., was held on October 27-30, 2018, at the Apo View Hotel, Davao City.

Delegates from Accountancy schools across the Philippines participated in various academic competitions including the NMYC Cups 1-7 covering the different CPA licensure examination subjects, as well as the Audit, Tax, and MAS Case Competitions.

The team from the

University of the Philippines Visayas Tacloban College (UPVTC) bagged the Championship in the Tax Case Competition at the NMYC. The team was composed of 5th year BS Accountancy (BSA) students Jema May A. Balano and Rodney A. Mañoza as well as 4th year BSA student Vernalyn Louise A. Montaña.

Denmark L. Dichosa, a 5th year BSA student, was also declared the Champion of the Advanced Financial Accounting and Reporting (AFAR) Cup at the NMYC. Mr. Dichosa earlier bagged the championship of the Visayas hub of the 11th NFJPIA National Accounting

Quiz Showdown (NAQDOWN) held on July 15, 2018 at the University of San Jose-Recoletos, Cebu City.

The winners were given medals, plaques, certificates, and various books and review materials.

The NMYC is an annual national convention endorsed by the Commission on Higher Education (CHED) that brings together the best Accountancy students from across the Philippines. This year's NMYC theme, "Kultura: Trail

of the Erstwhile," reflects the organization's commitment of advancing inclusive growth through holistic excellence, both in academics and non-academics. (NFJPIA, SGV and Co., RT Co, and CHED) (Prof. Carlo Angelo T. Negado)



UPVTC produces topnotcher, posts 84% passing rate in 2018 psychometrician board exam

THE University of the Philippines Visayas Tacloban College (UPVTC) produced one topnotcher and garnered an 84% passing rate in the Psychometrician Licensure Examination administered by the Board of Psychology of the Professional Regulation Commission (PRC) in various parts of the country on October 29-30, 2018.

Mary Grace A. Nonay earned an 80.40% rating and successfully made it to the 10th highest place among the examinees. Nonay is a graduate of

BA (Social Sciences) Psychology Class 2013 and is currently pursuing a Master's degree in Psychology at UP Diliman.

The other UPVTC graduates who are now licensed Psychometricians are Ruby Anne G. Villafranca (Class 2010), Maria Carmina C. De Loyola (Class 2013), Normae C. Ecija (Class 2014), and Shyedelle Johanze G. Uy (Class 2017).

The successful passers who recently graduated as part of UPVTC's Class 2018 are Nicole Erika L. Arteche, Frances C. Bernadas, Ricah Amor

G. Cabalhin, Jessusa Mae A. Calapre, Norvelyn F. Capaycapay, Sean Xedric B. Castello, Bryan Dexter L. Cortezo, and Ellen Luz L. De La Peña.

Completing the list of passers from Class 2018 are Julia Marie B. Eder, Kate M. Fernandez, Frances Dianne T. Melgar, Caster Ganni M. Misagal, Mae Jane B. Pontica, Jo Elaine Nova M. Seballos, Lecia Sole S. Segovia, and May Angelique L. Tan.

The examinees were tested on four subjects, namely, Theories of Personality, Abnormal Psychology, Industrial

Psychology, and Psychological Assessment. The PRC announced that 4,035 out of 8,453 (48%) passed the Psychometrician Licensure Examination this year.

This is UPVTC's third batch of passers for the Psychometrician Licensure Examination. In 2016, UPVTC's first batch of examinees posted a 95.83% passing rate, with two passers landing in Third Place; on the other hand, the College garnered a 100% passing rate with seven topnotchers in 2017. (With sources from the PRC website) (Prof. Pierce S. Docena)



ICFAS 2018 highlights resilient and sustainable management in fisheries and aquaculture industries

THE 4th International Conference on Fisheries and Aquatic Sciences (ICFAS) organized by the University of the Philippines Visayas, through the College of Management, focused on building, bridging and driving the fisheries industry forward.

Held at the Grand Xing Imperial Hotel, Iloilo City on November 15-16, 2018, ICFAS 2018 was themed "Resilient and sustainable management and marketing in the fisheries and aquatic resources industries."

Some 20 oral and more than 40 poster presenters presented their latest researches on natural sciences, business, marketing, social sciences, and governance. The presentations encouraged discussions on various scientific breakthroughs, management practices, and social issues in the field of fisheries and aquatic sciences among the participants from the academe, government institutions, industry players, business leaders, entrepreneurs, and professionals.

Dr. Md Abul Basher, Natural Resource and Agriculture Specialist of the Asian Development Bank, was the Keynote Speaker. He talked

about the supply and demand challenges of food security, the future of food, and the role of the fisheries sector in alleviating these concerns to achieve Sustainable Development Goal (SDG) No. 2 that seeks sustainable solutions to end hunger and poverty by 2030 and to improve food security. He also shared ADB's engagement in the fishery sector, specifically in the aquaculture sector.

Basher raised a concern about the achievement of SDG 2 due to the reverse gains made in ending hunger and food security in the recent years. He pointed out that the world should try to diversify the sources of animal protein. With the problem on over-fishing, Basher emphasized the importance of participatory and collaborative management for sustainable fishing as well as better management of inland fishery resources.

Dr. Glenn Batcados, Director of the UP Los Baños Center for Technology Transfer and Entrepreneurship, and Jessica Minguel, Co-Founder and marketing specialist of ID Water in Taiwan, were the Plenary Speakers. Batcados presented how technology transfer works in

the academe and how to generate income from the use of the technologies or research outputs developed and partners with the industry.

On the other hand, Minguel discussed about the development and the success of ID Water, a company providing water quality solutions among aquaculture farmers.

The Conference had six plenary sessions. These were the following 1.) Governance in the fisheries and aquatic resources industry; 2.) Capture fisheries industry; 3.) Sustainable business management and competitive strategies for fisheries and aquatic resources industry; 4.) Post-harvest fisheries industry; 5.) Other social science issues and debates in the fisheries and aquatic resources industry; and 6.) Aquaculture and other aquatic resources industry.

Prof. Arthur Barrido, Dean of CM and chair of ICFAS 2018, was elated with the success of the Conference.

"Indeed, there is plenty of information to ponder on and if this has in any way ignited our individual consciousness

to inspire us to do our share in helping the industry overcome the issues and challenges it faces, then the Conference is truly just a success."

Barrido, together with UPV Chancellor Ricardo Babaran and Vice Chancellor for Research and Extension Rolly Fuentes, awarded the Certificates to the research winners. Mr. Aries Paul Pardon and Prof. Reynold Tan won as Best Paper in the Natural Science and Social Science and Management categories, respectively. Winners in the photo contest about the Conference posted at facebook and instagram were also announced.

The Conference was sponsored by the Province of Iloilo, Department of Agriculture-Bureau of Agricultural Research, World Aquaculture Officials, Bernaqua Hatchery Feed, DOST - Philippine Council for Agriculture, Aquatic and Natural Resources Research and Development (PCARRD), Bread and Butter, Double Dragon, and Daily Guardian.

The fifth ICFAS will be hosted by the UPV Tacloban College in Tacloban City next year. (Lenilyn B. Gallos)





UP Visayas partners with Golden Gate university for exchange program and research

ILOILO City, November 20, 2018 – The University of the Philippines – Visayas inked an agreement with the Golden Gate University of San Francisco, California, USA to establish a mutually beneficial academic cooperation.

The partnership was formally launched by UP Visayas Chancellor Dr. Ricardo Babaran during the Partners' Meeting with U.S. Embassy in the Philippines Deputy Chief of Mission John Law at the Marriott Hotel. The agreement includes the establishment of an exchange program for students, researchers, and faculty and administrative staff members. It also includes the pursuit of collaborative research projects and the conduct of lectures and symposia, among others.

"I believe these are great avenues to gain more knowledge and skills, learn innovative practices, and broaden cultural and social horizons," said Deputy Chief of Mission John Law during the meeting.

Golden Gate University is California's fourth oldest private university, with 5,000 students and representing more than 68,000 alumni. It offers undergraduate and graduate programs in business and management, accounting, taxation, and law.

"The collaboration will allow UPV's management faculty to grow and create new pathways for the University to support its mandates," according to Chancellor Ricardo P. Babaran of UP Visayas.

The partnership is an

offshoot of a successful short course on sustainable urban development held in September in this City organized by the U.S. Agency for International Development (USAID) through its Strengthening Urban Resilience for Growth with Equity (SURGE) Project and UP Visayas. The SURGE Project invited urban development expert Dr. Joaquin Gonzalez III, chair of the Executive Master of Public Administration Program of Golden Gate University, to talk about best practices in urban design to more than 100 city planners, local officials, professors, and students from Iloilo and other cities.

With the support of the SURGE Project and Golden Gate University, UP Visayas intends to set up an Urban Development

Learning Center that will offer multi-disciplinary programs to local governments and private sector practitioners in the Visayas Region.

Over the years, USAID, through various projects, helped strengthen the academic and economic growth of Iloilo City and the Iloilo Province. UP Visayas has been a constant partner of USAID in streamlining the business permits and licensing processes of the City Government, in conducting studies contributing to investment promotion, and in improving the competency of the City Government in resilient urban planning. Faculty members and researchers of the University are also recipients of various USAID research grants. *(Administrator)*



New UPAA Iloilo Chapter Officers take oath

UP Alumni Association Iloilo Chapter Board of Directors for 2018-2019 held an Oath-taking Activity on November 17, 2018, at the Breakthrough sa Baybay, Arevalo, Iloilo City. The new officers and members will serve a term of one year.

The new Board includes the following officers: Mr. Antonio Jose T. Evidente, President; Atty. Alfredo A. Arungayan, III, Vice President; Ms. Consuelo R. Geduspan, Secretary; Mr. Dex Jesson T. Belleza, Treasurer; Mr. John Evaristo R. Canonero, Assistant

Treasurer; Mr. John Guidon M. I. Dela Cruz, Auditor; and Ms. Junel Ann P. Divinagracia, P.I.O.; and the members: Ms. Janette Gay M. Panganiban, Dr. Ray L. Alindong, Mr. Rosendo Caesar G. Arandela, III, Atty. Ray B. Fagutao, Atty. Dennis J. Guevara, Ms. Johanna C. Jamero, Ms. Fatima T. Peralta, and Immediate Past President Dr. Gil Joseph F. Octaviano, III.

The Association has adopted the theme "Pagkabalaka," a Hiligaynon term that speaks of its concern for its Alma Mater as it looks

back and gives back to the University. This will translate into the scheduled activities for the year, which includes fund-raising projects and community outreach, among others.

The Program included the President's Report by outgoing President Dr. Gil Joseph F. Octaviano, III, a message by UP Visayas Chancellor Dr. Ricardo P. Babaran, who also served as Inducting Officer, presentation of plans by the newly inducted President Mr. Antonio Jose T. Evidente, presentation on the reflection center project

by Ms. Alice Jinky P. Naranjo, and a message by UPV Office of Alumni Relations Director, Prof. Benmar B. Panaguiton. Also present during the event were UPV personnel, other UP alumni, family, and friends.

UPAA Iloilo Chapter is a non-profit organization composed of UP alumni from all over the country who are based in Iloilo. They hold the annual U.P. Alumni and Faculty Homecoming Dinner and Awards Night co-organized with the UPV Office of Alumni Relations. *(GC Castro)*

UPFG organizes blood letting activity

IN line with its 53rd Anniversary Celebration, the UP Fisheries Guild (UPFG) recently held a bloodletting activity on November 8, 2018 at the AV Hall, College of Fisheries and Ocean Sciences (CFOS), UP Visayas, Miagao campus.

A duly recognized socio-academic service and political organization of the CFOS, UPFG collected a total of 18 bags of 450cc of blood and donated these to the Philippine Red Cross (PRC)-Iloilo Chapter. Forty-eight interested donors

came for the screening, but others failed the test due to low hemoglobin count.

The bloodletting activity has always been an annual regular activity undertaken by the Organization to serve the people and save lives. The

successful blood donors were treated with snacks, freebies, and certificates.

The activity was also supported by the PRC and Health Service Unit (HSU) of UP Visayas. *(With sources from UPIS) (Lenilyn B. Gallos)*

CFOS holds OBE syllabus preparation workshop

THE College of Fisheries and Ocean Sciences (CFOS), UP Visayas (UPV) is taking one step at a time in moving forward to be on a par with its counterparts in the ASEAN region.

In line with its Quality Assurance (QA) program, CFOS conducted a Learning Outcomes-Based Syllabus Preparation workshop at the Umali Conference Room, CFOS, UPV Miagao campus on November 12-14, 2018.

Welcoming the participants

to the activity, CFOS Dean Encarnacion Emilia S. Yap said that the undertaking was one way of the College to advance as part of the academic unit of the University. She said that the College had a lot of activities in line with its QA program. She announced that the CFOS was planning to hold an annual industry forum.

The three-day workshop was aimed for the participants to apply an outcomes-based QA mechanism in the revision or

design and implementation of curricular programs. It was also expected that the participants could present a detailed OBE-compliant course guide or syllabus at the end of the workshop.

Yap presented the Vision, Mission, Goals, and Core Values of the CFOS that guided the participants in making the course design.

Dr. Aurora Fe Bautista was invited to facilitate and assist the College in designing an

ASEAN University Network-Quality Assurance (AUN-QA) compliant-OBE syllabus.

On October 29, 2018, an academic QA orientation was conducted in preparation for the internationalization of the CFOS academic programs and Quality Assurance (QA) assessment.

AUN-QA is established as the ASEAN quality assurance network in higher education institutions to promote quality assurance and improve academic standards of AUN member universities. The UP System is one of the few AUN member higher education institutions from the Philippines. *(Lenilyn B. Gallos)*



Free shuttle service available for CFOS Personnel

The free shuttle service is available daily on weekdays for all CFOS constituents on a first-come, first-served basis. Priority is given to the faculty and staff members, researchers, and students. The shuttle service is strictly for passenger use only.

All service vehicles of the four institutes of the College are utilized for this purpose.

First of its kind in the campus, the shuttle service plies around CFOS facilities, specifically from Villadolid Hall to the Guard House near Pidlaon Hall, the Ocean Weather Laboratory (OWL), the front of Fish Bio Lab and then to the Freshwater Aquaculture Station (FAS) and vice versa on a regular schedule. *(Lenilyn B. Gallos)*

CONSTITUENTS of the College of Fisheries and Ocean Sciences (CFOS), UP Visayas now have an alternative to make their journey inside the campus a little easier, faster, and most especially, free of charge.

Sought to increase mobility and maximize the productivity of its researchers, CFOS launched the free shuttle service on November 5, 2018 at the UPV Miagao Campus. The launching was spearheaded by Dean Encarnacion Emilia S. Yap.

'ISDA Talk 2018' highlights trends in fisheries science



were Dr. Victor Marco Emmanuel Ferriols, Assistant Professor of the Institute of Aquaculture, CFOS, UPV; Ms. Regina Bacalso, Fisheries Resource Management Specialist of Fish Right Program of USAID, Coastal Resource Center, University of Rhode Island, and Department of Agriculture-Bureau of Fisheries and Aquatic Resources; and Dr. Wilfredo Campos, Professor at the Division of Biological Sciences, College of Arts and Sciences, UPV.

"We strongly believe that through this activity, we will be able to capacitate the audience and develop increased interest in the field of fisheries science.

This is our contribution to the continuing effort of the College and the University to extend quality and sincere public service to the fisheries sector," stated UPIS president Ma. Novem Grace Ylayron.

About 215 participants from the fisherfolks, local government units of Oton, Tigbauan, Guimbal, Miagao, and San Joaquin, faculty and staff members, REPS, alumni and students of UPV as well as students from other schools attended the engaging talk. (With sources from UPIS facebook account) *(Lenilyn B. Gallos)*

THE UP Ichthyophilic Society (UPIS), one of the active student organizations of the College of Fisheries and Ocean Sciences (CFOS), UP Visayas (UPV), organized ISDA Talk 2018, a conversation on conservation, on October 18, 2018 at the CFOS AV Hall, UPV Miagao campus as part of its commitment to deliver sincere public service to the people especially to the fishing community.

Conducted in line with UPIS's 53rd Anniversary Celebration, the talk was aimed to increase the awareness of the participants on issues concerning the aquatic environment and to promote fisheries as a profession.

The one-day activity highlighted the current situation, trends, and emerging opportunities in fisheries science.

Three speakers from the industry and academe were invited as resource persons to share their knowledge, experiences, and expertise related to fisheries. They

CFOS conducts academic QA orientation



IN preparation for the internationalization of its academic programs and Quality Assurance (QA) assessment, the College of Fisheries and Ocean Sciences (CFOS), UP Visayas, conducted an Academic QA Orientation on October 29, 2018 at the Umali Hall Conference Room, CFOS, UPV Miagao Campus.

In her Opening Remarks, CFOS Dean Encarnacion Emilia

S. Yap said that the activity is an initial step of the series of activities that the College will be conducting in connection with its QA program.

"We are having this orientation for us to internalize what QA is all about," Yap said.

The Dean also reported that the College will soon have a QA office. She is hoping to see it running before the year ends.

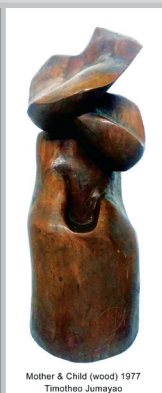
Prof. Harold M. Monteclaro, director of the Institute of Fisheries Policy and Development Studies (IFPDS) and assessor of the ASEAN University Network-Quality Assurance (AUN-QA), gave the QA orientation. He introduced and instructed the participants on the different assessment criteria of the academic quality assurance.

Monteclaro underscored the importance of the QA to the College. He said CFOS needed the QA because "we want to provide a better program and services not only to our students but also to the stakeholders."

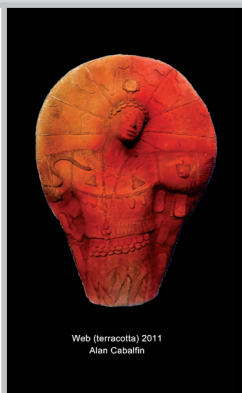
The one-day activity was participated in by the faculty and staff members and REPS of the CFOS. *(Lenilyn B. Gallos)*



Four Figures (coral stone) 1996
Martin Genodepa



Mother & Child (wood) 1977
Timoteo Jumayao



Web (terracotta) 2011
Alan Cabalfin



Royal Dance (stoneware) 1979
Nelfa Querubin



Lovers (nail & wood) undated
Edward Defensor

Sculptures from UPV Art Collection exhibited

THE UPV Chancellor's Committee on Culture and the Arts presented "Embodiment – Sculpture from the UPV Art Collection" from November 12 through 29, 2018 at the UPV Little Theater Lobby, Iloilo City campus.

Timoteo Jumayao, Nelfa Querubin, Edward Defensor, Alan Cabalfin, Martin Genodepa, Erwin Chiongson, and Harry Mark Gonzales are among the Ilonggo artists whose works in various mediums make up the core of the University's sculpture collection in the UPV Art Gallery.

While there are many ways to create a piece of sculpture today, carving, modelling,

and casting are the immediate processes that come to mind when the art form is mentioned. The sculpture collection of UP Visayas does not include metal pieces that require casting techniques, but the pieces represent the most preferred method of Ilonggo artists using available local materials.

Because wood, stone, and clay are available in abundance, senior artists like Timoteo Jumayao and Edward Defensor worked in the medium extensively. Nelfa Querubin, one of the major women artists in the country today who began as a print maker and abstract painter in Manila,

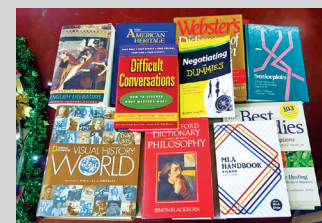
went home to Iloilo in the early 1970s to work in clay, perfecting the art of firing ceramics using wood. Alan Cabalfin apprenticed to Querubin and has worked consistently in clay, too. Harry Mark Gonzales, Metrobank Art Competition Sculpture Grand prize winner, created terracotta pieces before showing mastery in cold cast marble figures. Despite having ventured into metal and installation art, Martin Genodepa has been primarily carving stones. Erwin Chiongson combined metal, wires, and clay in his sculpture.

Embodiment means the tangible expression or representation of an idea or

feeling. Sculpture's inherent three-dimensionality and tactility are the art form's potent qualities for getting hold of abstractions such as thought or emotion. Sculpture is an art that does not only provide an opportunity to see but more so to touch what is conceived in the mind and in the heart in the exclusively human affair of thinking and feeling.

The UPV Art Gallery is currently undergoing renovation and will open in 2019. All exhibitions are done in various spaces within UP Visayas, this sculpture exhibition included. (CCCA) (Administrator)

Five thousand brand new books for the UPV library



"ME and my siblings were all products of UP. Our values were forged in UP, particularly that sense of giving back to the community," says Jhoana Gorriceta-Rojo, a UP Diliman alumna in library science.

Rojo was at the main campus of UP Visayas in Miagao on December 11, 2018 to formally turn over 500 brand new books to the university's library. These were mostly textbooks on various fields of study. The donation was an initial number as she pledged to send more books on a regular basis until the count reaches 5000 pieces.

Even though she has not practiced

her profession as a librarian, Rojo's love for books is a lifelong passion. Now based in Pasadena, California and working as an IT in the city's Department of Information, Rojo has made it her advocacy to seek out donors and orchestrate the donation of books to public libraries in the Philippines. She herself and her family were among the regular donors. She has been doing this for 16 years.

The UPV administration accepted the donation through Prof. Juhn Cris Espia, Asst. to the Vice-Chancellor for Academic Affairs and Annaliza Linaugo, University Librarian. (Lyncen M. Fernandez)

BS Bio alum wins best paper in China

MS. Jiye Kwon, a BS Biology (2018) cum laude graduate of UP Visayas, was named one of the five "Best Presenters" during the 5th Annual Conference of the Asian Society of Ichthyologists.

She presented her undergraduate Special

Problem entitled, "Fecundity of Bali Sardinella, *Sardinella lemuru*, off Bulan, Sorsogon" and was selected from out of 50 paper presenters. She represented UP Visayas and was the lone participant from the Philippines.

Kwon did her research work at the UPV Ocean Biology Laboratory under the supervision of Dr. Wilfredo Campus, faculty member of the Division of Biological Sciences, College of Arts and Sciences.

The event was held at Nanning, China from 30 November to 05 December 2018. (Lyncen Fernandez with sources from the Division of Biological Sciences, CAS)



Team Sarigan joins Sportsfest

TEAM Sarigan, composed of UPVTC faculty and staff members, alumni, and graduate students, actively participated in one of the most anticipated events of the College, the "Sportsfest 2018." Held on October 16-19, 2018, the Sportsfest went with

the theme "Ato Iskolar! Dalugdog han kabataan, igsalin-urog: Yuta ug kinabuhi aton igpakigbisog!"

The UPVTC employees competed in various events, such as basketball, volleyball, football, chess, and some "Laro ng Lahi" games. After many years of being

inactive, Sarigan had entries in the cheerdance competition and Ms. Sportspoof, two of the major events. The team placed third and champion, respectively in both categories.

By continuously encouraging them to join in

appropriate physical activities like this, the Administration expects the employees to develop and improve their physical and mental well-being. Further, a healthy, happy, efficient, and sustainable workforce will be achieved. **(Karen L. Reyes)**



Dean Yap, Monteclaro attend ILP governing council meeting in Japan

PROF. Encarnacion Emilia S. Yap, Dean of the College of Fisheries and Ocean Sciences (CFOS), UP Visayas, and Prof. Harold M. Monteclaro, Coordinator for External Linkages of CFOS, participated in the 8th Governing Council Special Meeting of the Post Graduate (Master) Programme on Tropical Fisheries with International Linkage (ILP) in Kagoshima, Japan on September 11, 2018.

Yap and Monteclaro represented the University in the meeting held at the Kagoshima University and discussed matters related to the implementation of the internationalized fisheries program. UPV, through CFOS, is one of the six collaborating universities that are implementing this post-graduate program on tropical fisheries.

The meeting was also attended by the various Deans

and Coordinators from the Asian Region particularly from Sam Ratulangi University, Republic of Indonesia; Kasetsart University, Kingdom of Thailand; Universiti Malaysia Terengganu, Malaysia; Kagoshima University, Japan; and Nha Trang University, Vietnam.

The collaborative undertaking was implemented in 2015. Students of the participating universities enrolled in the program will have the opportunity to be mentored

by professors of the collaborating universities and spend a part of their program in the said institutions.

This year, three graduate students of CFOS participated in a 40-day exchange student program under the Summer Session for Postgraduate (Master) Programme on Tropical Fisheries with International Linkage at Kagoshima University from August 16~ September 27, 2018. **(Lenilyn B. Gallos)**

Wallet returned to owner

A first year BA Psychology student was grateful to Mr. Jesse P. Nonato, a staff member of the Campus Development Maintenance Office, UP Visayas, for returning her lost wallet.

Alethea Van Loren Estilo lost the item at the College Union Building (CUB), Miagao campus.

Nonato found the wallet late in the afternoon of September 9, 2018 in an area that could not

be reached by the Closed-Circuit Television (CCTV) posted in the area. He turned it over to the security guard on duty at the CUB. It contained close to two thousand pesos (P2,000.00) in cash, IDs,

and other important documents. The wallet was personally turned over to Estilo the following day. Nonato's honesty is commendable and worth emulating. **(Lyncen M. Fernandez)**



UPV International Conference on Intangible Heritage

gathers culture bearers and scholars

PAGTIB-ONG – the UPV International Conference on Intangible Heritage—successfully brought together scholars, artists, cultural bearers, and cultural workers from nine countries. The Conference which showcased at least 50 scholarly presentations, performances, and exhibits, was held at Grand Xing Imperial Hotel, Iloilo City on October 25-26, 2018.

The Keynote Speaker for the event was Ms. Lila Ramos-Shahani, Secretary General of the Philippine National Commission on UNESCO, who spoke on UNESCO's Directions for Safeguarding ICH in the Philippines. In her message, she emphasized UNESCO's definition of ICH as "traditional,

contemporary and living at the same time. It does not only compose those ethnic ritual traditions we have inherited from previous generations, but also contemporary rural urban practices that still exist and are being practiced by various ethnolinguistic groups today."

Underscoring the importance of the Conference and the cultural bearers noting the particular components of intangible cultural heritage "elements," she said that only bearers of these elements can decide whether a given expression or practice is heritage. "This conference is therefore deeply important because, as we continue to come together and discuss the status of ICH, we also

subtly shape and form Philippine culture itself."

Atty. Anna Katarina B. Rodriguez, representing the National Commission for Culture and the Arts Chair, Dr. Virgilio Almario, discussed the importance of ICH especially of the folk epics to be taught to the youth as part of the Mother Tongue curriculum as it seeks to build a true national Filipino identity. "The nation's intangible cultural heritage can be observed and studied from various unique practices, traditions, crafts, dances, rites. And equally important is training our sights on our oral or folk literature, especially the epics. Since Magellan stepped into our shores and brought

the embracing arm of Western colonialism, our existence as a people, our manners of life, our customs and traditions – have never been visited by scholars of the conquista, the friars mainly, which is to be expected because they would only study "us" only with the in-view of conquering us... thus, we have of our pre-Hispanic era is all in the unwritten or oral tradition especially of the pagan or Non-Christian ethnic groups. Our folk epics are in fact the only source of our unwritten history..."

UP Vice President Jose Dalisay, Jr., in his message, reaffirmed the challenges in the work of cultural researchers and cultural workers. "This conference is a welcome and



warm reminder that you are not alone, that you all belong to a community of cultural activists who understand, almost intuitively, what many others choose to ignore. Studies like yours go into the nerves and the bones—indeed, the DNA— of our cultures, of what holds us together as peoples deep beneath the skin. The intangible heritage you are retrieving and preserving is an invaluable resource that we can all draw upon in our respective countries and communities.”

“No one else can do this but universities like UP and UPV, and their counterparts around the

region, and scholars and cultural workers like you who believe fervently in needs other than the physical and the economics, those immediately tangible and measurable bottomline concerns that governments and administrations typically prefer to support.”

Chancellor Ricardo P. Babaran underlines UPV's commitment to ICH and thus supported publications of Panay Epics and gave space in publishing the works of the Panay's Indigenous Peoples in the UPV Journal. “We at the UP Visayas are exceptionally proud in putting to realization the monumental

publication of the epics of Panay which the University of the Philippines Press is currently publishing. The epics of 13 series of titles are printed with translations in Contemporary Kinaray-a, Filipino, and English. We are now coming out with the 8th publication entitled “Humadapnon sa Tarangban” (magical cave) which is coming out anytime soon. Also, the Philippine Journal of Humanities and the Social Sciences is coming out today with a special online issue of eight articles from the papers presented in the 2017 Pagtib-ong. Half of these journal articles are written by the

Indigenous People's – an Aeta or Ati, A Halawodnon, and two Panayanons who wrote about their intangible heritage specifically on their oral literatures and their lifeways. The publication of these articles and narratives in the University's journal seal our commitment to the propagation and preservation of the intangible heritage of the country.”

The event organized by UP Visayas was supported by the Commission on Higher Education, the National Commission for Culture and the Arts, the Association of Asian Nations, and the Department of Tourism Region VI. (Anna Razel L. Ramirez)



LSHC celebrates its 23rd Anniversary through Pahimangno!

TACLOBAN CITY, Leyte - Local government officials, art enthusiasts and collectors, among others, attended the opening of the art exhibit entitled, "Pahimangno: An Eastern Visayan Art Exhibit" on October 24, 2018 at the Leyte Samar Heritage Center (LSHC) Main Gallery, UP Visayas Tacloban College, Tacloban City.

Hon. Jerry "Sambo" Yaokasin, Vice Mayor of Tacloban City, Hon. Aimee Grafil, Councilor of Tacloban City, and Dr. Virgildo E. Sabalo, Dean of UPVTC, led the ribbon-cutting rites during the opening. Faculty and staff members and other officials of the College as well as family members of the participating artists also witnessed the Opening Ceremonies.

According to the Exhibit note, the Lineyte-Samaron term "pahimangno" may be interpreted in the following ways: 1) it may refer to the act of reminding someone about something, or 2) it may refer to the awakening of a person's appreciation, sensibilities, and understanding towards something.

"Anchored on the importance of rediscovering one's distinct identity, "pahimangno" captures the essence and purpose of this year's exhibit. As it led audiences to reexamine what makes Eastern Visayan art and culture unique, it allowed audiences to reflect on, and analyze, the distinct character that the people of this part of the country possess," Pahimangno: An Eastern

Visayan Art Exhibit Note.

The exhibit featured the works of 15 Eastern Visayan visual artists who are locally and internationally acclaimed members of the Kasikasi Art Association, Inc. Over the years, the organization has been a consistent partner of the Center in promoting Eastern Visayan culture and arts. There are over 36 paintings and eight sculptures displayed in the gallery, most of which are for sale.

Meanwhile, the Sinirangan Chamber Singers led by Ms. Mary Jeane Egloso, the choirmaster of the group, enlivened the Opening Ceremonies by singing some of the notable Eastern Visayas novelty and folk songs such as Chacha Barsilon and An Marol nga Alejandria. These are arranged by Dr.

Stephen Q. Lagarde, LSHC Director, who provided the piano accompaniment during the performance.

In time for its 23rd anniversary, the LSHC of UPVTC, in collaboration with the Kasikasi Art Association, Inc. organized the "Pahimangno: An Eastern Visayan Art Exhibit" to recognize and celebrate the local artistry in the Region. The exhibit ran from October 24 to November 24, 2018 from 8:00 AM to 5:00 PM, Mondays to Fridays, at the LSHC Main Gallery, UPVTC, Tacloban City.

The Board of Regents approved the establishment of the LSHC during its 1091st meeting held on October 24, 1995. (John O. de la Cruz)



THE Institute of Fish Processing Technology (IFPT) of the College of Fisheries and Ocean Sciences (CFOS), as the lead implementing institution, led the inception meeting of the Commission on Higher Education - National Agriculture and Fisheries Education System (CHED-NAFES) extension program entitled, "Technology Transfer of Improved Dried Products from Low Value Fish Species" at the Conference Room, Umali Hall, CFOS, UP Visayas, Miagao, Iloilo on September 24-25, 2018.

The extension program is a collaborative work among the four provincial Institutes of Agriculture and Fisheries (PIAFs) and two National Universities and Colleges of Agriculture and Fisheries as recognized by CHED-NAFES. These include the University of Antique-Tarao Lim Campus (UA-TLC), Capiz State University (CapSU), Aklan State University (ASU), Iloilo State College of Fisheries (ISCOF), Partido State University (ParSU), and UP Visayas.

The main goal of the extension program is to reduce poverty, and promote food security and inclusive growth among fishers through the utilization of low-value fish species. The program focused on improving the quality of dried fish products through the introduction of upgraded drying facility (i.e., enclosed drying area roofed with UV-resistant



CFOS-IFPT leads CHED-NAFES extension program inception meeting

transparent plastic and fine net to protect the product from rain and insect infestation, and elevated platform for drying).

This drying facility will be made for each PIAF. A training will be conducted by UPV for the PIAFs, which in turn, will train the fisherfolks in their respective areas on the production of the improved dried products. UPV will also assist in the marketing and distribution of the properly

packaged and labeled dried products produced by these fisherfolks.

The two-day implementation meeting was attended by the school administrators, faculty, research personnel, and accountant officers of the respective collaborating academic institutions.

The meeting was conducted to deliberate important matters on the implementation of the Program. The accounting

and auditing procedures were also discussed by the Chief Accounting Officer of UPV, Ms. Jocelyn Genesila.

The extension program is part of the mission of IFPT, which is to undertake public service activities that will enable the Institute to impart its expertise with mentors and users of technologies. As its tagline states, "IFPT, your partner in fisheries." (*Lhumen A. Tejano*)



IFPDS conducts training on fish catch monitoring

THE Institute of Fisheries Policies and Development Studies (IFPDS), College of Fisheries and Ocean Sciences (CFOS), conducted a training-workshop on fish catch monitoring at the Conference Room, Umali Hall, CFOS, UPV Miagao campus on October 3-4, 2018.

Fisherfolk leaders of five coastal barangays in the Municipality of Miagao, Iloilo, namely, Barangays Gines, Calampitao, Damilisan, Lanutan, and Oyungan participated in the training. They were joined by the representatives from the

local government unit of Miagao and local officials of the said barangays.

The two-day training sought to capacitate the participants in the community-based fish catch monitoring system and record-keeping of catch data. It was also aimed to increase their level of awareness on the importance of the community-based fisheries management.

Dr. Harold M. Monteclaro, director of the IFPDS, welcomed the participants to the activity. Ms. Liberty N. Espectato talked about levelling of expectations. Monteclaro, Prof.

Cindy Jimenez, and Mr. Joshua Regalado discussed topics related to community-based resource management and fish catch monitoring.

The recording and monitoring of fish catch is an essential tool for the fisherfolks to validate information and observation on the effects and impacts of fish sanctuaries.

The five barangays have three fish sanctuaries. It was learned that there was no single record or data of the fish catch monitoring since the establishment of these fish sanctuaries. (*Lenilyn B. Gallos*)



More Trees for UPV |



THE UP Visayas campus in Miagao has a long history of planting trees. This is a tradition that started way back in the early 80's when what was then the predominantly rice field areas of the campus were planted with thousands of trees that now populate alongside its road networks. When the campus formally opened its doors in 1989, trees were everywhere. No wonder the campus has been declared as a bird sanctuary by the LGU of Miagao.

On October 19 this year, UPV returned to Brgy. Paraon to plant more trees. Paraon is one of the 12 barangays wherein the University's 1,200-hectare land area sits. It was also the site of last year's tree planting. This year, one thousand assorted tree saplings made up of mamalis (500), molave (260), kamaong (100), pili (100), and narra (40) were prepared by the UPV Site Development and Reforestation Project, including the area wherein pre-dug holes were



waiting for the volunteers to plant the saplings.

Close to 250 volunteers composed of the students, and faculty and staff members of the Colleges of Arts and Sciences, Fisheries and Ocean Sciences, Management and the School of Technology showed up and

made about a kilometer of gentle, uphill trek to reach the site. The staff of the central and support administrative offices also volunteered.

Vice-Chancellor for Planning and Development, Prof. Martin Genodepa led the UPV Officials in the tree-

planting event, one that was organized the activity. Joining him were College of Arts and Sciences Dean, Prof. Ma. Severa Fe Katalbas, and Associate Dean, Prof. Nilo Araneta. Also present was College of Management Dean Prof. Arthur Barrido. (Lyncen M. Fernandez)



UP high school students taught about proper use of social media platforms

“THE impact of social media transcends almost every aspect of our daily lives. Posting a photo in Instagram and liking statuses in Facebook had become part of one’s daily routine just like brushing your teeth... The ease with which digital content can be shared online in addition to its many benefits, has created a host of problems for today’s generation...” So says Engr. John Lorenz Belanio,

faculty member of the UPV College of Management, during the Lecture-Forum on the Responsible Use of Social Media. He advised about keeping oneself safe online and being responsible social media users.

Atty. Nellie Jo Regalado, Legal Officer of UP Visayas, informed the students about Art. 19. of the Civil Code that states: “Every person must, in the exercise of his rights and in

the performance of his duties, act with justice, give everyone his due, and observe honesty and good faith.” She also discussed numerous other laws that can implicate those that use social media platforms foolishly and irresponsibly. She emphasized that freedom of expression may not be availed of to peddle lies or half-truths, insult others, destroy the reputation of others, and broadcast fake news online.



The lecture-forum was held on November 22, 2018 at the UPV Auditorium and was attended by students of the UP High School in Iloilo. The activity was sponsored by the Information and Publications Office in coordination with UPHSI, Office of Student Affairs, and the Junior Peer Facilitators. *(Anna Razel L. Ramirez)*



Department of Chemistry hosted 18th PSBMB RevUP

THE Department of Chemistry, College of Arts and Sciences, University of the Philippines Visayas, together with the Philippine Society of Biochemistry and Molecular Biology (PSBMB), hosted the 18th Review and Updates (RevUP) on biochemistry and molecular biology at GCE Building, UP Visayas Iloilo City on September 27-28, 2018. The activity was aimed at updating the participants with knowledge

on the current technology and techniques applied in biochemistry and molecular biology.

The two-day RevUP was participated in by faculty and staff members, and researchers from the different State Colleges and Universities within the Region.

Resource speakers from UP Diliman and Bayer were invited to share their expertise in different fields. Dr. Eloise Priero

spoke on biomolecules. Dr. Pia Bagamasbad discussed genetic engineering and its applications. Dr. Gabriel Romero talked about plant breeding innovations while Dr. Ian Fontanilla tackled genomics and bioinformatics.

Aside from listening to lectures, participants also took part in the hands-on activities such as in DNA extraction (using household materials), DNA profiling and engineering

plasmids (paper activity analysis), and the use of bioinformatics.

The 18th RevUP served as a preparatory activity for the incoming PSBMB National Convention slated on November 28-29, 2018 at the Grand Xing Hotel and Convention Center, Iloilo City. The UPV Department of Chemistry will serve as the local organizing committee for the event. *(Anthony Salvador B. Albaladejo)*



Japanese students attend classes in CFOS

Fisheries and BS Agriculture students, respectively, attended lectures and laboratory classes at the CFOS, UPV Miagao campus from September 10 to 27, 2018. These courses are on fish health management handled by Prof. Erlinda Lacierda and on fisheries resource assessment handled by Prof. Gerald Quintino.

The Japanese students found the immersion experience a very good opportunity for them to learn from other professors and students outside KU.

Watanabe said that the professors were very accommodating and considerate, trying to explain their lessons in a manner that he and Tanaka could understand since they had a hard time understanding English, which is the medium of instruction here in the Philippines.

Meanwhile, Tanaka found their classmates kind and friendly. She said that she is excited to share with her classmates, family, and friends her experience being an

exchange student in UPV when she goes back to Japan.

The Student Exchange Program is under the Joint Declaration of Cooperation and Memorandum of Understanding on Academic Exchange Programme for Students between UP and KU.

The students were no longer new to UPV. Both attended a short-term English language training of the Language Program Office, College of Arts and Sciences in this University last year. *(Lenilyn B. Gallos)*

Two undergraduate students of the Kagoshima University (KU), Japan, participated in the student exchange program of UP Visayas (UPV) through the College of Fisheries and Ocean Sciences (CFOS).

Mr. Yo Watanabe and Ms. Rikako Tanaka, both third year BS



Personnel and Students attend orientation/training on responding to common emergencies

The UPV Healthy Lifestyle and Wellness Committee organized an orientation/training on responding to common emergencies particularly on sports-related injuries in partnership with the UP Visayas Health Services Unit (HSU). Held on Wednesday, September 26, 2018, at CM Room 25, Iloilo City campus, the event was participated in by the Committee members as well as selected

personnel from the Office of Student Affairs (OSA).

John Lester Sartaguda, MD, FPCP, Medical Officer III of HSU was the resource person. His lecture included an overview of the initial things to do in the field, identification of the most common injury, and a demonstration of basic first aid. Four nurses of the HSU assisted in further demonstrating how to administer various basic first

aid. The participants were then made to practice what they have learned from the lecture.

Those who attended from OSA were Marilou Jover, Marites Geonanga, Zyreen Lou Faramiran, Edgar Ebro, and Jay Naparato.

Meanwhile, the nurse who assisted was Ellaine D. Morit, Joeri Lyn M. Mosquete, Elvira R. Nico, and Michael Gerald Jalandoni. (*Lyncen M. Fernandez*)



THE UP Fisheries Guild (UPFG), a duly recognized socio-academic service and political organization of the UPV College of Fisheries and Ocean Sciences (CFOS), conducted its annual Adopt-a-School Project on September 12, 2018.

This year, UPFG reached out to the pupils of Mambatad Elementary School located at Brgy. Mambatad, Miagao, Iloilo. One hundred pupils from Grade One to Grade Three benefited from the one-day activity.

Officers and members of the student organization gave the grade schoolers simplified lectures on marine conservation and marine diversity, conducted storytelling on proper waste disposal and limiting the use of plastics, watched kiddie film showing with lessons about marine conservation and biodiversity, played games, and handed out school supplies and free food for the kids.

The Adopt-a-School project is one of the most-awaited activities of the organization in line with its anniversary celebration in September.

Some of the schools that UPFG adopted in the past are the

UPFG conducts annual adopt-a-school project



Atty. Blas Elementary School in Guimbal and Tigbauan Central Elementary School in Tigbauan, Iloilo, among others.

UPFG also organized the following activities in line with its celebration this year: rose

giving, the covering at the CFOS Library, an exhibit at the CFOS lobby, conservation, a coastal clean-up along the coast of the Ocean Weather Laboratory, and a bloodletting activity at the CFOS AV Hall. (With sources from UPFG) (*Lenilyn B. Gallos*)



1st Philippine Mussel Congress held; DOST Sec De la Peña is featured guest



“BIGGER and Safer Mussel for Every Juan.”

With this in mind, the University of the Philippines Visayas, College of Fisheries and Ocean Sciences, organized the 1st Philippine Mussel Congress on October 25, 2018 with Department of Science and Technology Secretary Fortunato de la Peña as Keynote Speaker. The event was held at the Diversion 21 Hotel, Iloilo City.

“Food security is a great concern. Food that we can source from the sea and from aquaculture answer this concern. This congress highlights the need to improve reliable source of mussel spats (seeds), reduce microbial content, and meet international standards. In other words, better quality mussels with high meat content and safe to eat,” says Sec. de la Peña during his Keynote Address.

On July 2014, UP Visayas, through the Institute of Aquaculture, College of Fisheries and Ocean Sciences (CFOS), embarked on the research project entitled “UPV Mussel Program” headed by Dr. Carlos P. Baylon. It

has three components, namely:

1. Hatchery and Nursery Culture - implemented by Dr. Liberato Laureta and Dr. Jane Apines-Amar of the Institute of Aquaculture. This included the Genetics Project by Dr. Philip Ian Padilla of the College of Arts and Sciences, UPV;
2. Grow-out Culture - implemented by Dr. Carlos Baylon in collaboration with UP Diliman, Samar State University, and Capiz State University; and
3. Post-Harvest - implemented by Ms. Rose Mueda, Ms. Loda Nacional, and Ms. Ernestina Peralta of the Institute of Fish Processing Technology, CFOS.

The project was funded by the Department of Science and Technology - Philippine Council for Agriculture, Aquatic and Natural Resources Research and Development (DOST-PCAARRD). The Congress was an opportunity for the various project proponents to share the results of their study.

Sec. de la Peña led the way in presenting what has been achieved. This included the developed

technologies that included the following:

1. Mussel longline culture system, undertaken in deeper and cleaner areas wherein seeds or spats are placed inside mussel socks, tied to a longline, and hung on a main rope with floaters. It is cheaper and can better stand strong weather conditions because of its design. It also reduces sedimentation (30%) and increases production by 30%.
2. Depuration / protocol facility, developed to address the problem of the poor, sanitary quality of farmed mussels. The technique used in the facility allows mussels to “depurate” or self-cleanse and expel from their gut, bacteria that may pose health risks when they are eaten raw or partially cooked.
3. Site Suitability Assessment for Mussel Database has mapped potential transplantation and grow-out areas favorable to mussel growth with about 5.5 hectares identified all over the country.
4. Hatchery and nursery techniques for mussels, to address the low production of mussels and

insufficient and unstable seed stock.

5. Mussel primary processing protocol, to provide locally produced primary processed mussel for the market such as chilled and blanched products. The other developed products were whole, half-shelled, and shucked mussels ready for the market.

UPV Chancellor Ricardo Babaran had his welcome remarks read by Prof. Emilia Encarnacion Santos-Yap, Dean of the UPV College of Fisheries and Ocean Sciences, as he simultaneously delivered his Welcome Remarks in another conference organized by UPV.

He said that the holding of the 1st Philippine Mussel Congress, organized by UPV CFOS with support from PCAARRD-DOST, was a welcome development for mussel industry players to address the emerging issues and trends in the industry. He pointed that the Conference was also an opportunity to discuss among the stakeholders various research breakthroughs on mussel done by the researchers from UPV-CFOS and other universities. (Lyncen M. Fernandez)

L/W on relaxation exercises through dance for stress relief hosted in Miagao

THE API-funded lecture-workshop was primarily designed for UP Visayas administrators and personnel who serve at the frontlines. Entitled, “Relaxation Exercises through Dance Movement Exploration for Stress Relief,” the event was organized by the Division of Physical Education, College of Arts and Sciences, at the UPV Miagao covered court on October 24, 2018.

Prof. Gilda L. Uy of the UP Diliman College of Human Kinetics (CHK) lectured first on “Wellness and Dance Movement Exploration in Academic and Workplace Settings.” She gave a brief background on how dance movement became a tool for wellness in helping to deal with anxiety, depression, and other mental health conditions. In other countries it is called dance movement therapy but

was renamed dance movement exploration in the Philippines because Filipinos seem to have a negative perception of the word therapy.

Uy, who is also the Director of the Graduate Studies Program of CHK, emphasized the need to create a stress-free environment in an academic setting such as UP not only among the personnel but also for the students.

Low-impact dance

movements were then introduced through a video wherein the audience were invited to follow. These are done standing or sitting and can be done in an office environment.

A second lecture was given by Prof. Albert Dimarucut entitled, “Dance Your Stress Away and Healing through Moving.” Dimarucut, who is also a faculty member of the CHK, took the audience through a series of fun and relaxing dance steps. He, along with Prof. Uy, also took them through sessions on self-reflection and introspection. The last part of the event, a series of relaxation techniques, left the participants indeed very relaxed. (Lyncen M. Fernandez)



UPV SSF discusses protocols bomb threats

THE UP Visayas Security Service Force conducted an orientation for the UPV personnel of the Miagao and Iloilo City campuses with UPV SSF Chief PI Raymund Germarino, (Ret.) as speaker on October 4, 2018. This was in response to the spate of bomb threats that have been happening in several schools in Iloilo City.

In a nutshell, this is what Germarino discussed:

Protocol on How to Respond to Bomb Threats (Landlines, Cellphones, Messenger)

What to Do:

When receiving a phone call about a bomb threat, please do the following:

- 1.) Stay calm.
- 2.) Keep the conversation going and do the following:

- * Take note of the medium of language used (Ilonggo, Cebuano, Filipino, etc.).

- * Ask who the person is (who

will most likely not reveal his identity or give a fictitious name).

- * Ask for the location of the bomb.
- * Ask what kind of bomb it is.
- * Listen to the environment from where the phone call is made. (Is it noisy? Can you hear vehicle or people passing by, etc.?)
- * Wait for the caller to hang up the phone.
- 3.) Immediately call the UPV

Security Service Force.

What NOT to Do:

- 1.) Panic.
- 2.) Call other offices.
- 3.) Go out and tell others.

UPV SSF Numbers to Call:
UNIT 8 SECURITY AGENCY
- 09475847301

BOX 1 - 303

UPV Vice Chancellor for Administration Mary Ann Gumban tasked the SSF Chief to conduct the orientation. (*Lyncen M. Fernandez*)



IFPT-CFOS-UPV conducts training on utilization of crab shells

THE Institute of Fish Processing Technology, College of Fisheries and Ocean Sciences, University of the Philippines Visayas (IFPT-CFOS-UPV) conducted a training program on the utilization of blue swimming crab shells with Ms. Rosana Alama and Ms. Mary Ann Serrano as Resource Persons at the Capiz State University, Dayao Campus in Roxas City, Capiz, on October 15-16, 2018.

The training was requested by the Community

Resource Management of the Capiz Agriculture Office (CRM-CAO) headed by Ms. Belinda Garrido as the CRM Coordinator and was specifically designed for the members of the Katilingban sang Gapangasag sa Punta Barra (KASAGAP). The local government unit of Roxas City, represented by CRM-CAO, allotted the budget for this training in order to reduce the accumulation of crab shells as wastes from the various

picking stations in the vicinity of Punta Barra.

Twenty female members who are wives and children of KASAGAP male members attended the training. Based on their understanding, it is estimated that about 4.5 tons of crab shells a month are collected by one of their members who is paid for the job of disposing crab shells from the picking stations. These wastes are disposed by excavating a portion of the land in the vicinity.

Ms. Alama presented the benefits of utilizing blue crabs, which include product development, feeds, and fertilizers, among others, as well as the associated food safety concerns.

Ms. Serrano, on the other hand, shared her insights on the utilization of by-product wastes of the seafood processing industry and the potential markets of the crab shells. The trainees were given hands-on training on the preparation of crab shells and make them as a food additive to snack foods like crab shells polvoron and crab shell-flavored cracker. They were also given workshops on sensory evaluation and cost analysis of their products.

As gathered from the training evaluation which was done before the Closing Program, the participants orally signified that the training was useful in such a way that their increasing crab shell wastes could be a source of potential income for their purpose and that they could also help in the environmental waste reduction in their area. (*Mary Ann Serrano*)

CWVS participates in Gender and Fisheries Conference in Thailand



THE Center for West Visayan Studies (CWVS) of the College of Arts and Sciences (CAS) participated in the Gender and Fisheries (GAF) 7 Conference held at the Asian Institute of Technology in Klong Luang, Pathumthani, Thailand on October 18-21, 2018.

CWVS University Research Associates Darlene Joy Calzado and Sashah Dioso had poster and oral presentations. Calzado presented a paper in behalf of

their group composed of her, CWVS Director Prof. Jorge Ebay, Prof. Josephine Firmase, Aprille Danilly Guintibano, and Lovella Mae Magluyan. Their paper is entitled, "Promoting Financial Literacy Among Women in Island Fishing Communities through Comsca: The Case of Gigantes Islands, Carles, Iloilo, Philippines." Dioso co-authored with Prof. Elmer Jover of the Division of Social Sciences the paper entitled, "The Teaching of

Local Taboos in Pandan, Antique and its Implications to Coastal Resource Management." The poster entitled, "Roles of Women in Promoting Safety of Children in Small Islands: The Case of Teach DRR in Carles, Iloilo Philippines," which Calzado co-authored together with Prof. Ebay, Prof. Firmase and Magluyan, was presented by Magluyan. Dioso presented his poster entitled, "From River to Table: Roles of Women in Sustaining an

Indigenous Food Production in a Traditional Riverine Community."

Aside from CWVS, faculty members from the different colleges of UP Visayas also presented their papers.

The Conference, which was attended by scholars, researchers, and experts from all over the world, endeavored to explore the expanding horizons of gender dimensions in aquaculture and fisheries. (Source: CWVS) (*Sashah Dioso*)

UPV Pol Sci faculty members read papers in Asian Political and Int'l Studies Conference in Bandung, Indonesia

THREE Political Science faculty members of the Division of Social Sciences attended the 2nd Biennial Conference on International Relations (ICON-IR) and the 12th APISA Congress. The conference was hosted by Parahyangan Catholic University on October 5-6, 2018 at Bandung, Indonesia, which is the historic host city to the 1955 Asian-African Conference which mainstreamed Asian discourse in the realm of international relations.

Mr. Clyde Gacayan, instructor and currently on study leave, presented his work on "Is there an Asian Style War on Drugs: Explaining why punitive drug measures are common within ASEAN." This discussed a comparative illegal drug policy across the region. Gacayan argued for a balanced understanding of policy by the books, policy on ground and political culture that is necessary to make sense of the resurgence of zero-tolerance rhetoric on illicit drugs

in ASEAN. Asst. Prof. Brian Ventura discussed his research titled "Against the Ancient Regime: Negotiated Pluralism in Church-State Relations During Spanish to American Colonial Transition in the Philippines." The paper revealed four areas that exhibit how American Colonial Administration and Filipino elites have negotiated the limitation of the role of the Catholic Church in the country.

Lastly, Dr. Rosalie Arcala Hall discussed her work on "Civil-



Military Engagements and Civilian Oversight in UN Peacekeeping Operations: The Philippine Case." Dr. Hall explained the Philippine government oversight mechanisms in the UN PKO training, funding, equipping and mission area performance, including how gender concepts and notions of gender equality are mainstreamed in training and structure for missions. Her presentation was part of a panel on UN Governance in Southeast Asia: Efficacy, Legality and Legitimacy. Dr. Hall is also part of the APISA Executive Committee 2017-2019.

The Conference had 97 speakers and presentations from 15 countries with a diverse background from the academe, bureaucrats, and think tank activists. APISA is Asia's leading academic organization dealing with political and international studies which promote scholarship for Asia by Asians. (*Clyde Ben Gacayan*)



Capacity-Building Seminar for UPV peer facilitators assigned in Miagao Dormitories held



THE Office of Student Affairs continuously advocates the promotion of the mental well-being of students in support of the University's goal of Transforming UP into a Healthy and Nurturing Academic Environment. The mental health concerns of students are being dealt with through the different programs and activities of the Guidance and Counseling Services Unit of the Office of Student Affairs. These programs have already been established even before the approval of the mental health law.

The UPV Peer Facilitators Program is one of the guidance services and human development programs of the

OSA which is geared towards the mental health promotion of students. It is a volunteer service of trained students under the supervision of the Guidance Services Specialists. Our Peer Facilitators program has been in place since 1992.

Student dormitories are critical places where students with adjustment concerns require the assistance of peer facilitators. To address this concern, the Guidance and Counseling Services Unit of the Office of Student Affairs conducted capacity-building sessions to 14 newly assigned peer facilitators in the dormitories of the Miagao campus in order to equip them with the needed skills to help other students. The sessions were

conducted during the evenings of September 26 and 27, 2018 and October 2-3, 2018 at the Function Room of the UPV Executive House in UPV Miagao Campus.

The capacity-building seminar included topics which helped the newly trained peer facilitators: (1) to gain more self-awareness, confidence, and personal effectiveness; (2) to develop team work and cooperation in working as a group; (3) to clarify their personal values; (4) to acquire techniques of effective communication as well as listening skills; (5) to learn problem-solving techniques and strategies in managing conflicts; (6) to obtain skills for coping with stress; (7) to attain a know-how

on facilitating and processing group dynamics activities; and (8) to be able to know basic counseling techniques as well as ethical guidelines for counseling. The Resource Speakers of the different topics are the University's Guidance Services Specialists.

OSA Director, Prof. Agustin "Sonny" Huyong, made his support for the peer facilitators more tangible through his presence during the seminar. Previously trained peer facilitators led by their president Michael Vincent Marte and past president Patricia Marie Salve also showed their support by helping out in facilitating the activities. (*Teresa Hortillo*)

UPV SoTech posts 91.43% passing rate in the November 2018 Chem Eng'g Licensure Examination

Thirty-two (32) out of 35 examinees from the BS Chemical Engineering Program of UP Visayas passed the November 2018 Chemical Engineering Licensure Examination, with a passing rate of 91.43%. All 32 passers were first-time takers of the said licensure examination, the most number of first-time takers from the BS Chemical Engineering Program since November 2012 when the first

batch of graduates took the licensure examination.

The 32 alumni of the School of Technology who passed the November 2018 Chemical Engineer Licensure Examination are as follows: Reymund T. Alagos, Vicente M. Armones IV, Zenia May S. Bandies, Marc Anthony T. Barade, Rissa May J. Bayog, Ranjelo Kaye G. Baño, Rhocel Faye R. Bidal, Mark Vergel B. Borja, Mark Anthony

R. Curso, Stephanie T. Delima, Myra Lee C. Esmaya, Shaira June G. Gadot, Leonard King Jao, Alexis L. Jareol, Cyril Marie J. Lambojon, Dennesa Luz D. Mijares, Shiela Mae A. Molina, Keren C. Omoso, Clyde Princess Khim V. Oro, Jeresse C. Pelareja, Emmanuel W. Plaza, Julius Karl B. Ramirez, Julius Martin C. Rivera, Jestoni B. Santillan, Anna Marie D. Sarroza, Marie Jan C. Silubrico, Keith Danae D.

Suquib, Ralf Oliver E. Tabin, Romel B. Talagon, Alec Roger J. Vista, Jerome David J. Yap, and Harrison Gel C. Yulo.

The Professional Regulation Commission announced that 737 out of 1,043 passed the Chemical Engineer Licensure Examination given by the Board of Chemical Engineering in Manila and Cebu in November 2018. (*Dennis Ong, with sources from www.prc.gov.ph*)



The UPV Health Services Unit organized a lecture-forum on "Diabetes, Obesity and Diet" on November 15, 2018 at the MILC, College of Arts and Sciences. This lecture forum was participated in by 65 UPV employees and 33 Public Health students from the College of Arts and Sciences.

Dr. Mary Flor Gafate-Ong, Resource Speaker during the lecture, discussed the nature of obesity which can be inherited

and influenced by the environment. Such include lifestyle pattern, decreased opportunities and motivation for physical activity, and physical inactivity.

Obesity is considered a ticking time bomb. People who are obese are more likely to develop diabetes, cancer, high blood pressure, heart failure, depression, multiple sclerosis for children, asthma, dementia, and may others.

Weight reduction through physical activities, dietary therapy, approved weight reduction medicines, and surgical

intervention were also discussed. Dr. Ong also emphasized that weight reduction should be gradual to avoid complications. The lecture ended with a suggestion on the ABCs to obesity prevention. These are "Adopt a healthy habit," "Balance calorie intake," and "Control weight gain."

This lecture-forum was conducted in line with the World Diabetes Day celebration. It was also done to promote awareness among the UPV constituents the complications brought about by obesity and diabetes. It was learned in the lecture that obesity is a global epidemic. Studies have

shown that two in three adults are overweight or obese. Overweight and obesity are associated with increasing morbidity and mortality due to chronic excess in food intake relative to the level of energy spent.

Dr. Ong has a training at the Department of Internal Medicine, Iloilo Mission Hospital. She has Fellowship in Endocrinology at the University of Sto. Tomas Hospital Section of Endocrinology and Metabolism and has a Post Fellow rotation at the Division of Diabetes and Endocrinology at the University of Florida, Gainesville, Florida, USA. (*Sarina G. Nacita*)

Campus writers earn training



TO have a better pool of news and feature writers for UP Visayas – this was the reason for the workshop organized by the Information and Publications Office (IPO) for several employees on December 7, 2018, Iloilo City campus.

“With only two writers at the IPO for the entire UPV, we need all the help we can get to be able to report on all the teaching activities, research and community engagements of all our colleges as well as that of our various research and extension offices,” said Anna Razel Ramirez, Director of IPO as she welcomed the participants.

Philippine Daily Inquirer Visayas Correspondent, Hazel Villa, who was the resourceperson, took the

participants through exercises in news and feature writing.

Before making them write she discussed the common style guides on the use of capitalization, abbreviation, punctuation, spelling, numerals and other questions of language use. She likewise reviewed the participants on how to place the theme, write the lead, body, and ending in news and feature write ups.

Villa also judged the best five writers in news and feature writing. They are as follows:

News Writing:

- 1st Jessie Labiste, Jr - Division of Professional Education, College of Arts and Science,
- 2nd Mary Li Nulada - Office

of the Vice-Chancellor for Research and Extension,

3rd - Shirley Golez - Institute of Marine Fisheries and Oceanology, College of Fisheries,

4th - Teresa Hortillo - Office of Student Affairs, and

5th - Jo Ann Bedia - Office of the Vice-Chancellor for Administration.

Feature writing

1st Jessie Labiste, Jr. - Division of Professional Education, CAS

2nd Czar Ian Angel Esquivel - Teaching and Learning Resource Center

3rd - Ellaine Rae Daguman -



Office of the Chancellor
4th - Zyreen Lou Faramiran - Office of Student Affairs

The organizers are hopeful that with this workshop, events in UPV, particularly its accomplishments across colleges, offices and units, will be widely reported. (Lyncen M. Fernandez)

A nature trail inside a campus



THE many pockets of forests sitting on the undulating hills and plains inside the 1,200 hectare-land area of the campus is an invitation to go trekking. The idea to build a nature trail within the campus was planned for years. Finally, on Dec 14, 2018, UP Visayas launched its 'Nature Trail.'

The trail fittingly started in front of the Gate 2 of the Site Development Reforestation Program of the university. It leads to a forested walk along gentle



uphill and downhill climbs with a stop at Hill 70, so called by the UPV Mountaineers who assisted the Office of the Vice-Chancellor and Development (OVCPD) in conceptualizing the trail. It leads on the dirt road leading to the Regional Research Center (still under construction) when one makes a right turn or to the college union building on the left turn.

Chancellor Ricardo Babaran underscored the importance of appreciating and preserving the environment in his short message during the launch. He said that a system should be put in place to ensure that trekkers will not leave trash along the trail.

Vice-Chancellor Martin Genodepa led some faculty and staff in the launching of the trail. (Lyncen M. Fernandez)

CWVS tapped to lecture on integration of local history and culture in tour guiding

UNIVERSITY Research Associate Sashah Dioso of the Center for West Visayan Studies (CWVS) of the College of Arts and Sciences (CAS) was tapped to conduct a lecture on the topic, "Incorporating Local History and Culture in Tour Guiding" for tour guides who are members of the Gigantes Eco-Guides Association (GEGA). The lecture was held during a two-day training

organized by the Iloilo Tour Guides Guild, Inc. and the Department of Tourism Region 6 held at Arjan Beach Resort, Barangay Granada, Gigantes Norte Island, Carles, Iloilo on September 29-30, 2018.

Dioso discussed how local history, including folklore, could be incorporated in the tour-guiding spiels of the guides. He also emphasized that, because people live in coastal and island

communities, the tour guides spiels should include artisanal fishing and post-harvest methods to provide tourists an additional knowledge of the life in the community and not just white sand beach, lagoon, caves, and seafood that the Gigantes Group of Islands is known for.

The discussion was followed by a workshop where new and old tourist guides were divided into two groups – the land tour



and island-hopping tour. The guides were tasked to make spiels incorporating information about the local history and culture of the place. The workshop ended with a demonstration from each group. (Sashah Dioso)

“Pagpasalamat, paghiliugyon kag paghidaet” in UPV Paskua 2018



FESTIVE, merry and full of lights – these and more marked UP Visayas’ Paskua 2018 celebration.

The simultaneous lighting of Christmas lights on Dec. 4 in the Miagao and Iloilo City campuses ushered in the season while the fun run and community breakfast on Dec 12, provided fun and fellowship for the UPV community.

A cherished tradition annually observed not only in the UP Visayas community but throughout the campuses of the

University of the Philippines is the Lantern Parade. In UPV it was held on Dec. 14.

Competitions in the big lanterns, hand-held lanterns, parade performance and welcome cheers among various academic groups and offices in UPV added to create a festive mood. The parade started from the administration building to the town proper and back.

The College of Arts Sciences had a grand slam win in the big lantern, hand-held lanterns, and parade

performance contests while the welcome cheer was won by the Skimmers (Division of Humanities).

A new contest this year was the Mr. or Ms. Q & A. The candidate of Scions (College of Management) was the winner while that of the School of Technology was judged as best in production number.

This year UPV focused on “pagpasalamat, paghiliugyon kag paghidaet” as the theme of its annual Christmas celebration. (Lyncen M. Fernandez)

Dash and cash for Christmas fun-run winners



EMPLOYEES of UP Visayas gamely participated in the Christmas Fun Run on December 12, 2018 held at the Miagao campus.

Decked in Christmas inspired costume and motifs, runners dashed from the administration building grounds, made a U-turn at the end what is dubbed as “acacia road” and ran back to complete a 3.5K distance.

The top three fastest male and female runners were given cash prizes. For the male category, the winners are: father and son tandem Rufino and Benjie Tomaquin (1st and 2nd respectively); and Oliver Morano, 3rd. The winners of the

female category are: Angeline Nuevaespaña, Ana Liza Subade and Sheila Balenia, (1st, 2nd and 3rd, respectively).

It was noted that all three female runners were regular attendees of the weekly Zumba sessions organized by the UPV Healthy Lifestyle and Wellness Committee (UPV WellComm) for UPV employees.

But other runners were also recognized with the following special awards and cash prizes:

1. Early Bird Registration (Male and Female)
a. Leonardo Mooc and Elsa Surmieda
2. Best in Costume

- a. Enrique Legaspi III
- b. Brechelle Payongayong
- c. Ernesita Alingalan
- d. Beverly Momblan
3. Oldest Participant (Male and Female)
a. Sofronio Peña (58) and Flor Palisada (63)
4. Last to Cross the Finish Line (Male and Female)

a. Rodolfo Nobleza, Jr and Cristina Molano
Enrique Legaspi III overwhelming had the best in costume with his “Santa Wears Prada” attire.



“This is probably the only fun run wherein the last to cross the finish line are also awarded,” said Mary Lyncen Fernandez, Chair of UPV WellComm.

The committee organized the event. (Source: UPV WellComm)