

**UNIVERSITY OF THE PHILIPPINES VISAYAS** COLLEGE OF ARTS AND SCIENCES DIVISION OF BIOLOGICAL SCIENCES

# Bachelor of Science in **PUBLIC HEALTH Program Handbook**



















# DIVISION OF BIOLOGICAL SCIENCES

1st Floor, College of Arts and Sciences Building



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- **DBS** website
- <u>/upvdbs</u>

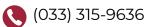


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# **UPV BSPH Program Handbook**



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The Bachelor of Science in Public Health (BSPH) Program of UP Visayas is a four-year course adopted from the College of Public Health, UP Manila on May 8, 1998, as part of UPV's goal to improve coastal health and nutrition. Over the years, the program has evolved to meet the dynamic needs of the public health landscape, incorporating innovative approaches to education and training. Since the academic year 2018-2019, the program has embraced a holistic approach by integrating two professional clusters: the Biomedical and Community Health Clusters.

The Biomedical cluster includes electives that will qualify the BSPH graduate to take the Accreditation Examinations for Medical Technologist and Microbiologist, while the Community Health cluster reinforces the students' immersion and training in building a resilient health system in geographically isolated and disadvantaged areas including islands, mountains, and coastal communities.

Supported by the various educational facilities and initiatives of the course organization UPV PH Pub, the students of the program post-graduation may take on vast career options in education, healthcare, and research to maximize their potentials and contribute to nation-building — All #ForAHealthierPH.



# WHAT CAN YOU DO WITH A BSPH DEGREE?

Our program produces graduate who possesses a diverse skill set that opens up a range of career options in various sectors of public health and healthcare. With a solid foundation in health promotion, disease prevention, and community health, BSPH graduates are well-equipped to pursue roles in government agencies, non-profit organizations, healthcare institutions, research institutions, and private sector companies.

Career options for BSPH graduates include:

# **HEALTHCARE**

- Public Health Specialist
- Clinical Laboratory Specialist (Medical Technologist)
- Community Health Worker
- Health Program Coordinator
- Further studies in medicine



# RESEARCH

- Epidemiologist
- Biostatistician
- Microbiologist
- Research Associate



# **EDUCATION**

- Health Educator
- Academic Policy Adviser
- University Professor



# **OTHER FIELDS**

- Environmental Health Science
- Occupational Health Specialist
- Healthcare Policy Analyst
- Health Communication Specialist

# Meet our Notable Alumni (Page 26)



# **PROGRAM SPECIFICATIONS**

# **A. DEGREE-GRANTING UNIT**

a. Department/Division/Institute: Division of Biological Sciences

# **B. DEGREE PROGRAM TITLE**

Bachelor of Science in Public Health (BS in PH)

# **C. EXPECTED LEARNING OUTCOMES**

- 1. Develops a comprehensive understanding of basic principles of public health.
- 2. Applies the scientific method and research tools, including mathematical/statistical techniques and technology in the collection and analysis of biomedical and public health data.
- 3. Engages in collaborative undertakings with other scientific disciplines.
- 4. Demonstrates critical, analytical and problem-solving skills independently and collaboratively.
- 5. Exhibits leadership in the pursuit of academic excellence, research and public service.
- 6. Implements programs that promote safe and hygienic environments with emphasis on coastal areas and island communities.
- 7. Shows a strong sense of nationalism through the appreciation and application of knowledge to public health contexts in support of national development and global health.
- 8. Practices high ethical standards in the practice of public health as well as in personal, professional and social relationships.
- 9. Generates new knowledge and methods in the health sciences.



# **SPECIFICATIONS** PROGRAM

# **D. ADMISSION CRITERIA**

The Division of Biological Sciences follows the University of the Philippines' admission policy

"No student shall be denied admission to the University by reason of age, sex, nationality, religious belief, or political affiliations. Every applicant for admission shall undergo a thorough health examination. No person shall be admitted to this University who is found by the University Health Service to be suffering from a dangerous, communicable, contagious, or infectious disease or who is physically unfit to take courses in any college or school of the University." [Art 327, UP Code 1975]

Admission criteria and requirements for undergraduate degree programs offered by the UP Visayas can be accessed through the <u>UP Visayas</u> <u>website</u>.

# **E. COURSES AND ELECTIVES**

- 1. General Education (36 units):
  - a. 7 GE Core Courses
  - b.5 GE Elective Courses
- 2. Foundation Courses (20 units)
- 3. Major Courses (67 units)
- 4. Public Health Qualified Electives
- 5. Other Requirements



# **GENERAL EDUCATION (GE) COURSES**

| Course # Course Title |   | Units |
|-----------------------|---|-------|
| COMM 10               | Critical Perspectives in Communication      |       |
| ARTS 1                | Critical Perspectives in Arts               | 3     |
| ETHICS 1              | Ethics and Moral Reasoning in Everyday Life | 3     |
| KAS 1                 | Kasaysayan ng Pilipinas                     | 3     |
| STS 1                 | Science, Technology and Society             | 3     |
| MATH 10               | Mathematics, Culture and Society            | 3     |
| WIKA 1                | Wika, Kultura, at Lipunan                   | 3     |

# **GE ELECTIVE COURSES**

| Course # Course Title |  | Units |
|-----------------------|--|-------|
| Phil Arts 1           | Approaches to Philippine Arts and Culture        | 3     |
| SAS 1                 | Self and Society                                 | 3     |
| Science 10            | Probing the Physical World                       | 3     |
| Science 11            | Living Systems: Concepts and Dynamics            | 3     |
| Soc Sci 5             | Understanding Gender                             | 3     |
|                       | Reconfigured existing/newly instituted GE course | 3     |

# **BSPH FOUNDATION COURSES**

| Course #  | Course Title                                     |   |  |
|-----------|--|---|--|
| Bio 14    | Integrative Biology                              | 5 |  |
| Chem 23   | Inorganic Analytical Chemistry                   | 3 |  |
| Chem 23.1 | Inorganic Analytical Chemistry Laboratory        | 2 |  |
| Chem 31   | Elementary Organic Chemistry                     | 3 |  |
| Chem 31.1 | Elementary Organic Chemistry Laboratory          | 2 |  |
| Zoo 102   | Comparative Anatomy of Vertebrates               | 3 |  |
| Zoo 102.1 | Comparative Anatomy of Vertebrates<br>Laboratory | 2 |  |



# **BSPH MAJOR COURSES**

| Course # | Course Title                            | Units |
|----------|---|-------|
| PH 101   | Health Challenges in Island Contexts    | 3     |
| PH 120   | Human Anatomy and Physiology            | 5     |
| PH 122   | General Pathology                       | 5     |
| PH 141   | Biostatistics for Public Health         | 4     |
| PH 151   | Principles of Microbiology              | 4     |
| PH 152   | Medical and Public Health Microbiology  | 5     |
| PH 160   | Global Health and Development           | 3     |
| PH 161   | Human Biochemistry                      | 4     |
| PH 162   | Nutrition                               | 3     |
| PH 166   | Clinical Chemistry                      | 4     |
| PH 173   | Medical Parasitology and Entomology     | 5     |
| PH 175   | Environmental and Occupational Health   | 3     |
| PH 180   | Epidemiology                            | 4     |
| PH 187   | Public Health Education and Promotion   | 3     |
| PH 188   | Public Health Policy and Administration | 3     |
| PH 195   | Public Health Practice                  | 5     |
| PH 196   | Seminar                                 | 1     |
| PH 199   | Special Studies and Research            | 3     |
| PH 173   | Medical Parasitology and Entomology     | 5     |
| PH 175   | Environmental and Occupational Health   | 3     |
| PH 180   | Epidemiology                            | 4     |
| PH 187   | Public Health Education and Promotion   | 3     |
| PH 188   | Public Health Policy and Administration | 3     |
| PH 195   | Public Health Practice                  | 5     |
| PH 196   | Seminar                                 | 1     |
| PH 199   | Special Studies and Research            | 3     |

# **QUALIFIED ELECTIVE (QE) COURSES**

| BIOMEDICAL CLUSTER |  |       |  |
|--------------------|--|-------|--|
| Course #           | Course Title   | Units |  |
| MCB 101            | Advanced Microbiology                                    | 3     |  |
| MCB 120            | Microbial Physiology                                     | 3     |  |
| MCB 150            | Microbial Ecology  | 3     |  |
| MCB 160            | Industrial Microbiology                                  | 3     |  |
| Zoo 106            | General Histology  | 3     |  |
| MCB 143            | Virology   | 3     |  |
| MCB 145            | Fungi of Medical Importance                              | 3     |  |
| MCB 148            | Microbial Genetics                                       | 3     |  |
| PH 185             | Hematology and Clinical<br>Microscopy                    | 3     |  |
| PH 183             | Immunology, Serology, and<br>Blood Banking               | 3     |  |
| PH 125             | Non-communicable Diseases                                | 3     |  |
| PH 135             | Complementary and<br>Alternative Medicine                | 3     |  |
| PH 181             | Molecular Epidemiology                                   | 3     |  |
| PH 163             | Medical Biotechnology                                    | 3     |  |
| PH 110             | Bioethics  | 3     |  |
| PH 164             | Translational Research                                   | 3     |  |
| PH 115             | Introduction to Bioinformatics and<br>Health Informatics | 3     |  |
| PH 189             | Medical Technology Laws and Public<br>Health Ethics      | 1     |  |
| PH 147             | Genetics   | 2     |  |



# **QUALIFIED ELECTIVE (QE)COURSES**

| COMMUNITY HEALTH CLUSTER |   |       |  |  |
|--------------------------|---|-------|--|--|
| Course #                 | Course Title  | Units |  |  |
| Econ 12                  | Health Economics  | 3     |  |  |
| PH 165                   | Contemporary Issues in Public Health                          | 3     |  |  |
| PH 167                   | Gender and Public Health                                      | 3     |  |  |
| PH 128                   | Disaster Preparedness and Risk<br>Management in Public Health | 3     |  |  |
| PH 137                   | Health Leadership and Governance                              | 3     |  |  |
| CD 120                   | Community Organizing and Mobilization                         | 3     |  |  |
| Dev Comm<br>160          | Communication Campaigns and Programs                          | 3     |  |  |
| Socio 101                | General Sociology   | 3     |  |  |
| CD 197                   | Special Topics in Community Development                       | 3     |  |  |
| CMS 194                  | Media Writing for Specific Purposes                           | 3     |  |  |

# **OTHER REQUIREMENTS**

| Course # Course Title   |  | Units |
|-------------------------|--|-------|
| PE 1                    | Foundations of Physical Fitness        | (2)   |
| PE 2/3                  | (Various sports or dance courses)      | (6)   |
| NSTP                    | National Services Training<br>Program  | (6)   |
| Bio 189                 | Technical Writing in Life<br>Sciences  | 3     |
| PI 100                  | The Life and Works of Jose P.<br>Rizal | 3     |
| Language<br>Requirement | (Any Language Course)                  | 3     |



ELECTIVES

AND

# **FIRST YEAR**

# 1st Semester

| Course                  | Course Title                                   | Units | Pre/co-<br>requisite/s |
|-------------------------|--|-------|------------------------|
| GE Core 1<br>(Comm 10)  | Critical Perspectives in<br>Communication      | 3     | -                      |
| GE Core 2<br>(Ethics 1) | Ethics and moral Reasoning in<br>Everyday Life | 3     | -                      |
| GE Core 3<br>(Math 10)  | Mathematics, Culture, and<br>Society           | 3     | -                      |
| Bio 14                  | Integrative Biology                            | 5     | -                      |
| Chem 23                 | Inorganic Analytical Chemistry                 | 3     | -                      |
| Chem 23.1               | Inorganic Analytical Chemistry<br>Laboratory   | 2     | Chem 23                |
| P.E. 1                  | Foundations of Physical Fitness                | (2)   | -                      |
| NSTP                    |  | (3)   | -                      |
| Total                   |  | 19    |                        |

# 2nd Semester

| Course               | Course Title                               | Units | Pre/co-<br>requisite/s |  |  |
|----------------------|--|-------|------------------------|--|--|
| GE Core 4<br>(KAS 1) | Kasaysayan sa Pilipinas                    | 3     | -                      |  |  |
| GE Elective 1        |  | 3     | -                      |  |  |
| Chem 31              | Elementary Organic Chemistry               | 3     | Chem 23                |  |  |
| Chem 31.1            | Elementary Organic Chemistry<br>Laboratory | 2     | Chem 31                |  |  |
| Zoo 102              | Comparative Anatomy of<br>Vertebrates      | 3     | Bio 14                 |  |  |
| Zoo 102.1            | Comparative Anatomy of<br>Vertebrates      | 2     | Zoo 102                |  |  |
| PH 101               | Health Challenges in Island<br>Context     | 3     | -                      |  |  |
| PE                   |  | (2)   | -                      |  |  |
| NSTP                 |  | (3)   |                        |  |  |
| Total                |  | 19    |                        |  |  |



# **SECOND YEAR**

# 1st Semester

| Course               | Course Title                     | Units | Pre/co-<br>requisite/s                          |
|----------------------|----------------------------------|-------|---|
| GE Core 5 (ARTS 1)   |                                  | 3     | -   |
| GE Elective 2        |                                  | 3     | -   |
| PH 160               | Global Health and<br>Development | 3     | -   |
| PH 151               | Principles of<br>Microbiology    | 4     | Chem 23,<br>Chem 23.1,<br>Chem 31,<br>Chem 31.1 |
| PH 161               | Human<br>Biochemistry            | 4     | Chem 31<br>Chem 31.1                            |
| Qualified Elective 1 |                                  | 3     | -   |
| PE                   |                                  | (2)   | -   |
| Total                |                                  | 20    |   |

# 2nd Semester

| Course             | Course Title  | Units | Pre/co-<br>requisite/s                       |
|--------------------|---|-------|--|
| GE Core 6 (WIKA 1) | Pagsusuri sa<br>Ugnayan ng Wika,<br>Kultura, at Lipunan | 3     | -  |
| GE Elective 3      |   | 3     | -  |
| GE Elective 4      |   | 3     | -  |
| PH 120             | Human Anatomy<br>and Physiology                         | 5     | Zoo 102, Zoo<br>102.1, Chem 31,<br>Chem 31.1 |
| PH 162             | Nutrition   | 3     | Chem 23,<br>Chem 23.1,<br>PH 120,<br>PH 161  |
| QE 2               |   | 3     |  |
| PE                 |   | (2)   |  |
| Total              |   | 20    |  |

# **BSPH STUDY PLAN**



# THIRD YEAR

# 1st Semester

| Course        | Course Title                              | Units | Pre/co-<br>requisite/s |
|---------------|---|-------|------------------------|
| GE Elective 5 |   | 3     |                        |
| PH 141        | Biostatistics for Public Health           | 4     |                        |
| PH 122        | General Pathology                         | 5     | PH 120                 |
| PH 152        | Medical and Public Health<br>Microbiology | 5     | PH 151                 |
| PH 166        | Clinical Chemistry                        | 4     | PH 162                 |
| Total         |   | 21    |                        |

# 2nd Semester

| Course               | Course Title   | Units | Pre/co-<br>requisite/s                                   |
|----------------------|--|-------|--|
| GE Core 7<br>(STS 1) | Science, Technology, and Society                     | 3     |  |
| PH 180               | Epidemiology   | 4     | PH 141,<br>PH 152<br><b>Co-req:</b><br>PH 173,<br>PH 175 |
| PH 173               | Parasitology and Arthropods of<br>Medical Importance | 5     | PH 120,<br>PH 161  |
| PH 175               | Environmental and<br>Occupational Health             | 5     | PH 152<br><b>Co-req:</b><br>PH 173                       |
| QE 3                 |  | 3     |  |
| QE 4                 |  | 1-3   |  |
| Total                |  | 19-21 |  |

# Midyear

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Public Health

| Course | Course Title | Units | Pre/co-<br>requisite/s |
|--------|--------------|-------|------------------------|
| QE 5   |              | 3     |                        |
| QE 6   |              | 3     |                        |
| Total  |              | 6     |                        |



# FOURTH YEAR

# 1st Semester

| Course               | Course Title                               | Units | Pre/co-<br>requisite/s    |
|----------------------|--|-------|---------------------------|
| BIO 189              | Technical Writing in the Life<br>Sciences  | 3     |                           |
| QE 7                 |  | 2-3   |                           |
| PH 187               | Public Health Education and<br>Promotion   | 3     | PH 152, PH<br>173, PH 175 |
| PH 188               | Public Health Policy and<br>Administration | 3     | PH 152, PH<br>173, PH 175 |
| PI 100               | The Life and Works of Jose<br>Rizal        | 3     | Senior<br>Standing        |
| Language<br>Elective |  |       |                           |
| Total                |  | 17-18 |                           |

# 2nd Semester

| Course | Course Title                 | Units | Pre/co-<br>requisite/s                  |
|--------|------------------------------|-------|---|
| PH 195 | Public Health Practice       | 5     | PH 162,<br>PH 180,<br>PH 187,<br>PH 188 |
| PH 196 | Seminar                      | 1     | <b>Co-req:</b><br>PH 199                |
| PH 199 | Special Studies and Research | 3     | PH 162,<br>PH 180,<br>PH 187,<br>PH 188 |
| Total  |                              | 9*    |   |

\*In the final semester, students have a reduced load (9 units) so they can focus on their capstone courses, which are conducted off campus. During this time, students engage in research activities, implement community health programs, and undertake internships in a hospital laboratory.



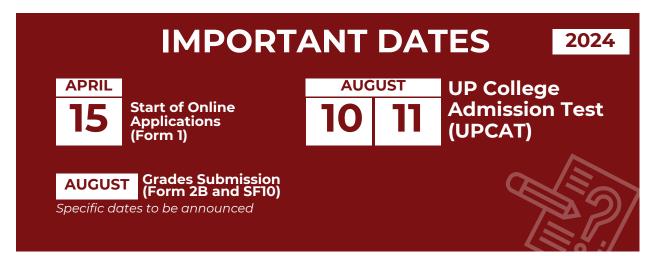
# **FORMS & SUBMISSIONS**

# **UP COLLEGE ADMISSION TEST (UPCAT)**

# WHO ARE ELIGIBLE TO APPLY FOR UPCAT 2024?

Current Grade 11 students, who are expected to be in Grade 12 at the time of the UPCAT

# Check out the UPCAT - U.P System for more information



# **UPV ACADEMIC GUIDEBOOK**

Check out **this link** for more information about academic guidelines

# **UPV STUDENT HANDBOOK**

Check out **this link** for more information about academic information, support services and facilities, and university policies and guidelines for students

# **COMPUTERIZED REGISTRATION SYSTEM (CRS)**

Check out <u>this link</u> for more information on schedules, requirements, and forms



# **TUITION & SCHOLARSHIPS**

# ESTIMATED COST OF STUDYING THE PROGRAM

| Year Level  | Estimated Tuition Fee |
|-------------|-----------------------|
| First Year  | Php 45, 100           |
| Second Year | Php 40, 300           |
| Third Year  | Php 52, 500           |
| Fourth Year | Php 30, 100           |
| Total       | Php 168,000*          |

\*All students of the University of the Philippines are covered by free tuition and exempted from other fees as stipulated in the Universal Access to Quality Tertiary Education Act (Republic Act 10931).

# SCHOLARSHIPS AND FINANCIAL ASSISTANCE

## STUDENT LEARNING ASSISTANCE SYSTEM ONLINE

- GRANTS-IN-AID PROGRAM
- TERTIARY EDUCATION SUBSIDY
- DONOR-FUNDED SCHOLARSHIP
   PROGRAMS
- ADOPT-A-STUDENT PROGRAM

# **GOVERNMENT SCHOLARSHIPS**

- COMMISSION ON HIGHER EDUCATION (CHED) FULL MERIT
- CHED HALF MERIT
- CHED TULONG DUNONG GRANT
- DEPARTMENT OF SCIENCE AND TECHNOLOGY (DOST) SCHOLARSHIP
- ISKOLAR SANG ILOILO PROGRAM

# UP-FUNDED SCHOLARSHIPS

- U.P. PRESIDENTIAL SCHOLARSHIP
- U.P. PRESIDENTIAL LEADERSHIP SCHOLARSHIP

# **PRIVATE SCHOLARSHIPS**

- JOSE JON TIAMSUY FOUNDATION SCHOLARSHIP
- NGCP-EDUCATE SCHOLARSHIP
   PROGRAM
- ONE UPV FOUNDATION (USA) INC.
- UP ALUMNI, QUESADA-FULGADO AND FRIENDS SCHOLARSHIP GRANT
- UP ALUMNI ASSOCIATION IN AMERICA (UPAAA) SCHOLARSHIP
- UP ALUMNI ASSOCIATION OF ALBERTA (UPAAA), CANADA SCHOLARSHIP GRANT
- UP ALUMNI ASSOCIATION OF GREATER CHICAGO (UPAAGC) SCHOLARSHIP GRANT
- UP SILAK-SILAB FOUNDATION SCHOLARSHIP GRANT
- UT FOUNDATION, INC. SCHOLARSHIP



<u>Read more about the scholarship requirements in the UPV</u> <u>Student Handbook (page 45 onwards)</u> **UPV PH Pub** is a course-based organization composed of BS in Public Health students of UPV. It was established during the 1st semester of the A.Y. 1998-1999, the same school year that the said degree program was implemented. As an academic organization, our mission is to **prevent** diseases, **promote** health, and **protect** the life of the public — the three pillars of public health. This established our lifelong vision of creating a #HealthierPH.

PH Pub organizes numerous health promotion and public service activities that aim to develop camaraderie among the students and stakeholders, ensure the incorporation of the pillars of public health, and embark on reputable influence on advocacy projects. The organization conducts its annual flagship projects **Snappy** Hands and Project Bulak, actively participates in major university and external events, partners with organizations for volunteer and first aid work, supports community service causes, and promotes awareness of various health campaigns. Ultimately, the initiatives being undertaken by the organization enable the students to apply what they learn in their courses and prepare them for a career as a public health practitioner.



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# SNAPPY HANDS



In celebration of Global Handwashing Day (October 15) and National Children's Month (November), Snappy Hands aims to promote proper handwashing and hand hygiene to children to prevent the transmission of infectious diseases through handwashing demonstrations and hygiene kit distributions. Recently, the project was incorporated with free medical and dental consultations by the volunteer health professionals.

# PROJECT BÚLAK

Project Búlak focuses on promoting women's reproductive health alongside women's empowerment in line with the Women's Month celebration (March) through reproductive health and menstrual hygiene talks, and a napkin drive. The community project emphasizes the importance of women's health as we continue to empower all

the aspects of a woman. Public Health

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# ORGANIZATIONS FAIR

In university events showcasing booths of university and collegewide organizations, the PH Pub booth has a theme for the design and gimmicks revolving around **timely health celebrations to promote health awareness** among the UPV community.

# CAREER TALKS & COLLABORATIONS

The organization presents an avenue for the constituents to know more about the **career pathways that the public health program and field of expertise can offer** through alumni career talks and fora collaborations with other health-allied organizations.





# QUALITY ASSESSMENT

The program constituents actively participate in the assessment for the **improvement** of the Public Health program.

# COMMUNITY PARTNERSHIPS

The organization fully supports the community projects of the graduating batch through financial or in-kind donations, or by sending volunteers for manpower to help execute the groups' activities while gaining exposure and building experience for the lower batches.





# PARTICIPATION

# **WEBINARS**

PH Pub serves as online copresenters of the events of partner organizations by encouraging and providing attendees to participate and engage in **meaningful** 



discussions on relevant social topics, most especially healthrelated ones.

# ONSITE EVENT

The resumption of face-to-face activities of various organizations in the university urged the organization to actively participate in symposia, educational discussions, and awareness fora primarily handled by partner organizations to forward their own causes that may or may not be related to health, but **offer community service opportunities to our constituents.** 

# YOUTH SUMMITS

To foster and strengthen our collaborative network beyond the university, PH Pub engages summits held by provincial authorities to celebrate and **empower the** youth in their respective advocacies.



# SYSTEM-WIDE CEREMONIES

Recent global events led to the downfall of healthcare systems, hence the organization stands in solidarity against the root causes and **calls upon for support for basic healthcare access and delivery for all**.



Public Health

# PARTNERSHIPS



# AS RESOURCE SPEAKERS

With hygiene as the core advocacy, PH Pub handles talks **promoting proper handwashing and oral health practices**.

# AS MEDICAL MISSION VOLUNTEERS

#### Staying true to the commitment of **serving the people, especially the underserved and underprivileged communities**,

the organization extends a helping hand as volunteers assisting health professionals during medical missions conducted annually in rural areas by partner organizations.









Public Health

# AS FIRST AID RESPONDERS

#### To address the urgent needs of the UPV community to **respond to accidents and injuries caused by physical hazards and activities** as face-to-face outdoor engagements and sports events resume, PH Pub establishes a First Aid Committee with existing and trained members on values formation and emergency first aid on top of preventive measures. More recently, a College Red Cross Youth Council is in place for a more centralized system across the university.

# PARTNERSHIPS

# ALLIED HEALTH

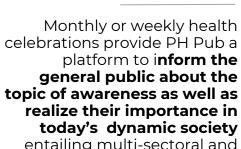
The organization remotely supports other allied health initiatives by organizations from other universities such as community projects, concerts, and a series of various events **aimed to provide basic health needs and raise public awareness through publicity and media engagements**.



# SOCIAL MEDIA CAMPAIGNS







entailing multi-sectoral and inter-sectoral involvement

STATEMENTS

DAY 2023

As scholars of the country and future public health professionals, the organization releases statements to **take a stand on the pressing issues and amplify the calls for the health rights and welfare of the** 

students and people.

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Public Health





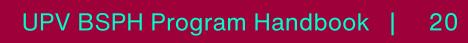


discussions on initiatives we may partake in to effectively deliver the desired health outcomes. These are only a few of the many areas we are calling for. We come forth from a place where our careers and professional endowors entail great retroompibilities, bandling averall lysts all a one, we our setore has

that continues to plaque our society. Hence, we clomor for the adaptation and incorporation of the stipulated planth areas in the functions and responsibilities of the approved committees. Heed our calls for the prioritization of the

Heed our calls for the prioritization of the health agenda in the absence of a health committee within the council! All #ForAHealthierUPV

and #ForAHealthierPH



# **AWARBS 2012** RUNNER UP IN THE UNILAB IDEAS POSITIVE COMPETITION RUN 1

by Unilab Inc.



Photo credits: Ideas Positive Facebook Page (2013)

 Team Kabataang Katipuneros composed of BS in Public Health seniors in 2012 Maugri Grace Laluma, Leo John Estrada, John Christopher Luces, Roy Dahildahil, and Mel Vincent Oliva, bagged the
 Runner-Up position and received P100,000 funding at the Unilab Ideas Positive Competition Run 1 for their developed a community nutrition program proposal aimed to reduce nutrition prevalence in Barangay La Paz by 80 percent.

Read more on their project and achievement here



# AWARBS 2017

# CHAMPIONS IN THE UNILAB IDEAS POSITIVE COMPETITION RUN 7

by Unilab Inc.



Photo credits: UPViews Vol. 21, No. 5 (2017)

June Luis Salvador, Anna Nicole Cuachon, Bea Galupo, Precious Jemimah Legayada, and Jason Clement Acebuque of **Team Bakunawa** brought home the **National Championship and P100,000 funding at the Unilab Ideas Positive Competition Run 1** with their community health intervention aimed at increasing school-based Immunization (SBI) in Pavia Ungka 2 Elementary School.

Read more on their project and achievement here



# RECIPIENT OF THE FLIP THE SWITCH: PAY IT 4WARD PARTNERSHIP EVENT

by the Central Philippine University Medicine Student Council



Publication credits: CPU Medicine Student Council Facebook Page (2021)

Flip the Switch: Pay It 4ward is a partnership event with 4 selected advocacy groups, organizations, or individuals as the beneficiaries of widespread promotion and seed grant support from the council for their respective socio-civic engagements.



# AWARB\$2022-

# IST PLACE IN THE VISUAL ABSTRACT POSTER COMPETITION STUDENT CATEGORY

at the 15th Philippine National Health Research System (PNHRS) Week



Photo credits: University of the Philippines Visayas Facebook Page (2022)

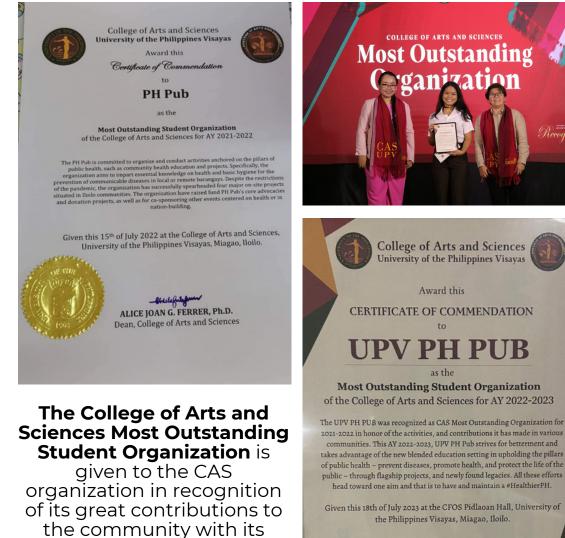
With their study entitled "Telemedicine situation and patient satisfaction in Miag-ao, Iloilo during the COVID-19 Pandemic (2019-2020): A correlational study", **Team Building** composed of Danella Ampunan, Kristel Chua, Lyelle Galupar, Rezel Lalas, Martin Ramos, and Anne Traya scored **first in the Visual Abstract Competition Student Category during the 15th PNHRS Week**, highlighting that the study could aid policymakers to recognize the importance of telemedicine in rural areas and low resource settings.



# RECIPIENT OF THE COLLEGE OF ARTS AND SCIENCE MOST OUTSTANDING STUDENT ORGANIZATION

by the College of Arts and Sciences

# A.Y. 2021-2022 A.Y. 2022-2023



**ORGANIZATION PUB** T d



Millefature ALICE JOAN G. FERRER Ph.D. DEAN, COLLEGE OF ARTS AND SCIENCES

# MEDICAL PRACTITIONERS



Current: Municipal Health Officer Lezo, Aklan Doctors to the Barrios - Batch 38 Department of Health (2021 - 2024)



# PIA ZAMORA-RICO, MD, PHD BSPH BATCH 2010

Telehealth Coordinator of the ATIPAN Project of the University of San Agustin Center for Informatics

UP Manila College of Medicine (MD PhD in Molecular Medicine Program)

Bachelor of Science in Public Health, Cum Laude, University of the Philippines Visayas





# ANJELOU MARIE ESTRELLA, RMT BSPH BATCH 2016

Team Dugong Bughaw (2015 - Present) - Executive Director CHD WV (June - December 2016) - Public Health Associate

Reach52 (2017 - Present) - Associate Director, Community Operation and Insights



# PUBLIC HEALTH ALUMNI



# PUBLIC HEALTH PRACTITIONERS



# ISA ADELIE NUFUAR

BSPH BATCH 2019

Development Management Officer II, Center for Health Development, Department of Health Region VI

# MARY CAMILLE SAMSON, RMT BSPH BATCH 2015

Program Analyst, ThinkWell Foundation Public Health Consultant





# MARY MANUELITA TAN BSPH BATCH 2023

Health Program Officer II, Disease Prevention and Control Bureau, Department of Health (Central Office)









# JOSEPH ARBIZO, RMT, MSTATISTICS

## **BSPH BATCH 2008**

Master of Statistics (2016), University of the Philippines Diliman

Bachelor of Science in Public Health, University of the Philippines Visayas, Iloilo, Philippines

Business owner of <u>Scholar's Lounge</u> and <u>Spark Statistics</u> <u>Consulting</u>

# ROY DAHILDAHIL, MSC BSPH BATCH 2013

Research Assistant, National Telehealth Center (NTHC) (2016 to 2018)

Executive Director, #MentalHealthPH (2016 to present)

Program Manager, NCMH Digitalization Project, NCMH (2019 to present)





# **ROMMEL GESTUVEO, PHD** BSPH BATCH 2010

Assistant Professor in BS in Public Health program, University of the Philippines Visayas, Iloilo Philippines

British Council-DOST Newton Agham Fellow

Doctor of Philosophy in Virology, University of Glasgow, Scotland, United Kingdom

Masters in Molecular Medicine, St. Luke's Medical Center College of Medicine

Bachelor of Science in Public Health, University of the Philippines Visayas, Iloilo, Philippines







# ADRIENNE MARRIE BUGAYONG-JANAGAP, PHD BSPH BATCH 2009

Doctor of Philosophy in Biological Sciences-Cell and Molecular Biology Track (2021), University of Nevada, Las Vegas, USA

Master of Science in Biology (2015), University of the Philippines Visayas, Iloilo Philippines

Bachelor of Science in Public Health (2009), Cum Laude, University of the Philippines Visayas, Iloilo, Philippines





# ABIGAIL PUNO, MS

# BSPH BATCH 2013

Master of Science in Medicine, Ajou University, South Korea

Doctor of Philosophy candidate in Public Health Science, Korea University

DOST-SEI Foreign Graduate Scholarship Recipient (2021)

Bachelor of Science in Public Health, University of the Philippines Visayas, Iloilo, Philippines

KSGP Scholar (2016)

# XERXES SEPOSO, PHD

**BSPH BATCH 2010** 

Associate Professor (Hokkaido University Graduate School of Medicine)

Visiting Associate Professor (Nagasaki University School of Tropical Medicine and Global Health)

Senior Research and Innovation Fellow (in Environmental Health) (Ateneo School of Medicine and Public Health)

Country-level International Consultant (to various Green Climate Fund Projects: Micronesia, Timor-Leste, Togo)

Advisor for Climate Action and Policy Making (United Nations Association for Development And Peace)

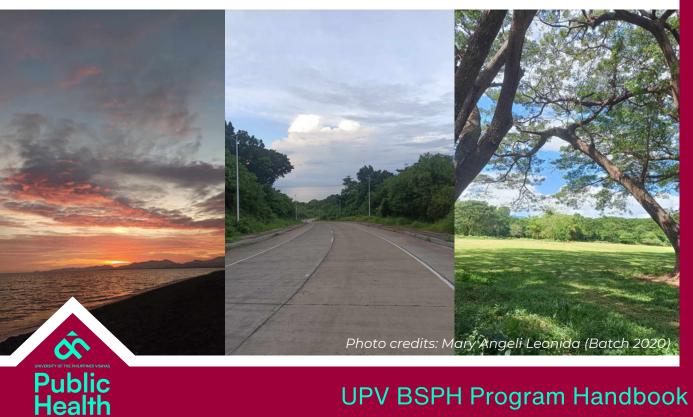
Previous affiliations: Project Evaluation Officer II (Philippine National HIV/AIDS Council Secretariat) & Public Health Manager (Rural Health Unit, Alcantara, Romblon)







UP Visayas Miagao Campus boasts a stunning settina with mountains and natural sea surrounding it, offering students from various backgrounds a unique learning experience. By immersing students in real-life environments outside the classroom, it promotes holistic development of the mind, body, and soul. Despite challenges of university life, the UPV the finds community solace in the serene surroundings, unwinding amidst beautiful sunsets before embracing a new day.



#### LEGEND:

- 01 BOX 1 MAIN ENTRANCE
- 02 NEW ADMIN BUILDING
- 03 CHANCELLOR'S PARK
- 04 OLD ADMIN BUILDING
- 05 UPV LIBRARY
- 06 MUSEUM OF NATURAL SCIENCES
- 07 COLLEGE UNION BUILDING
- 08 CUB MUSHROOMS
- 09 COLLEGE OF ARTS AND SCIENCES
- 10 CAS PARK
- 11 MANANG BETCH
- 12 COLLEGE OF FISHERIES & OCEAN SCIENCES

- 13 UPV HATCHERY
- 14 SCHOOL OF TECHNOLOGY
- 15 PHILIPPINE GENOME CENTER VISAYAS
- 16 CM BUILDING
- 17 HEALTH SERVICES UNIT
- 18 EXECUTIVE HOUSE
- 19 STAFF HOUSING
- 20 UPV COVERED GYM
- 21 SOCCER FIELD
- 22 FRESHWATER AQUACULTURE STATION
- 23 PHYSICAL PLANT OFFICE (PPO)
- 24 BOX 2



#### **UNIVERSITY DORMS:**

- A BALAY MADYA-AS
- B BALAY KANLAON
- C BALAY GUMAMELA
- D BALAY LAMPIRONG
- E BALAY APITONG F - BALAY MIAGOS
- G INTERNATIONAL DORM

## **PRIVATE DORMS:**

- H R&F RESIDENCE HALL
- I ST. THERESE DORMITORY
- J SUSAN'S DORMITORY
- K ST. MICHAEL'S DORMITORY L - FIRST ESTATE DORMITORY
- M QUENANDRIE
- N NABLEN'S CARE HAVEN
- O BALAY KAWAYAN
- P ROYAL ANGEL'S DORMITELLE
- Q JEL STUDIOS 2
- **R E&T DORMITORY**
- S VILLA LUISA



# CAMPUS AMENITIES







# **University Library**

The university library provides quality and accessible information, resources, and services in various fields in print and electronic media to support the academic needs of the constituents.

Visit their website for more information

# Teaching and Learning Resource Center (TLRC)

The TLRC offers academic and psychosocial support to students through the provision of teaching and learning services, spaces, and facilities to enhance their learning experience in line with promoting academic excellence in a nurturing university.

Visit their website for more information

# **University Dormitories**

The university dormitories house several students who applied and were selected from the dormitory applications. The neighboring dormitories are Balay Miagaos, Balay Lampirong, Balay Kanlaon, Balay Madya-as, Balay Gumamela, Balay Apitong, and Balay Miagos II. Private dormitories inside and outside the campus are also available but with higher price ranges.



# **University Dining Halls**

The university dining halls are located in the College Union Building (CUB) near the academic buildings, as well as near the dormitory areas (known as the Common Dining Hall or CDH). Both local vendors and private food establishments serve affordable food and beverages for the university constituents, while the halls are also available for academic or leisure time.



# **NEARBY FOOD HUBS**

- Scholar's Lounge
  Vineyard
  El Garaje
  Spharks Grill
  U-Frappe House
  Vince Tapsi
  K-Feels
  Sulu Garden
  WakeCup
  Andok's
  Chooks to Go
  K-Egg
- 🖞 37° Coffee
- 🖄 48 Coffee
- () Kandingan sa Tacas
- Red Table
- ()) DK's Dessert & Pastries
- Waffle Time
- 🖄 Kape'yan
- Piging Restobar
- Hello Burger
- WOODS Cafe
- 🛞 Balay Kawayan
- Bayani Cafe and Restobar

# **STUDY SPOTS IN MIAGAO**



# Moser's Study Hub

Quezon St., Miagao Near Citibank

# Scholar's Lounge

2nd Floor, Firmeza-Adviento Bldg., Quezon St., Miagao





# Beans & Bubbles Quezon St., Miagao

Charles

Studio SG Sulu Garden, Brgy. Sapa, Miagao





# BACHELOR OF SCIENCE IN PUBLIC HEALTH PROGRAM HANDBOOK

# ENGLISH - FIRST EDITION

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